

Who we are...

Rachel Barr worked full time in youth work, youth participation, gender-based violence prevention and health promotion until her diagnosis. She is passionate about equalities and social justice, both professionally and personally.

Before treatment, Rachel was a regular swimmer at Wardie Bay and Drumbrae Leisure Centre, and she looks forward to returning to both when chemotherapy is finished.

Although she hasn't written regularly in the past, poetry has become an important way of processing her glioblastoma diagnosis and the profound changes it has brought to her life.

Rachel is adapting to life without work and spending as much time as possible with her husband Willy and their daughters, Isla and Skye, who bring so much joy to her life.

Although not of Māori heritage, Māori culture formed a significant part of her childhood and teenage years in Aotearoa New Zealand. The aroha (love) of whānau (family) and friends continues to give her strength.

Kia kaha



Bridget Grant is an art Psychotherapist and educator. Her own art practice has always held her as a way to contain and process difficult experiences - and never more so than now!

Whilst she grew up with Rachel and their parents, she also has sisters in Wales from her biological father, whom she met for the first time in her early twenties.

Bridget shares her day to day life with her partner in Edinburgh. She has no children herself and is proud to be an Aunt. She is close to her nieces Isla and Skye who are a fundamental and incredible part of her life.

Thank you for visiting our exhibition