

Coming Home Action Plan Easy Read Summary

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Easy Read Summary

What Coming Home Is About



Coming Home is for people in Scotland who have a learning disability and have complex support needs.



It is about making sure people can live safely in their own local area and not in hospital or far from home.



The name Coming Home comes from a report that looked at why people were living in hospital or far from home.

Why this action plan is needed:



Some people with learning disabilities have been living in hospital for too long.



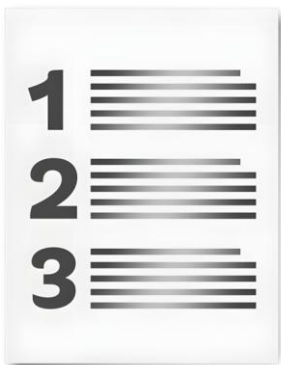
Some people with learning disabilities have been living far away from home.



Some people with learning disabilities have been living in places that do not meet their needs.



This is not okay.



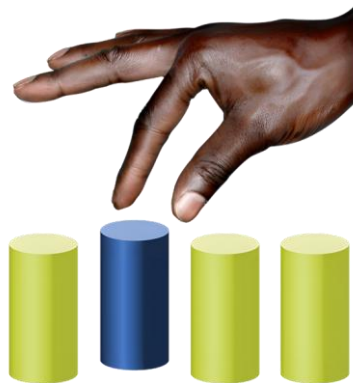
People have the right to:



- Live in their community.



- Live close to family and friends.



- Have choice and control in their lives.



- Get the support they need.

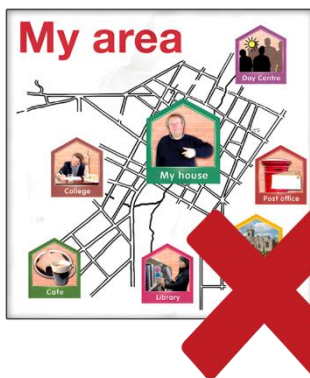
What the action plan wants to change



The four main aims of the action plan are:



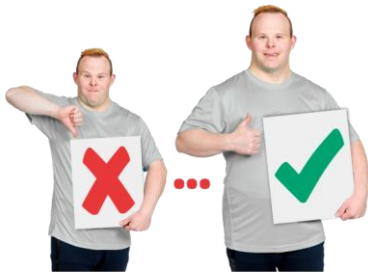
- To help people leave hospital when they no longer need to be there.



- To stop people being placed far from home.

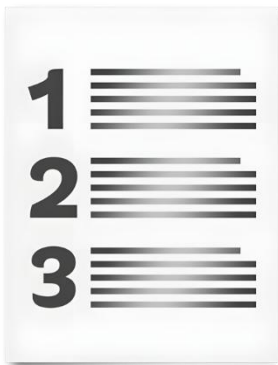


- To make sure support is good quality.



- To make the whole system work better for people.

What Has Already Been Done



Some of the main things in the action plan that have already been done are listed below:

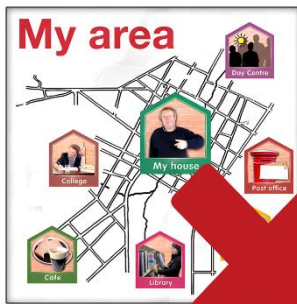
Dynamic Support Register



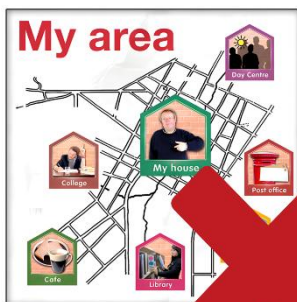
The **Dynamic Support Register** has been introduced.



The **Dynamic Support Register** is a list of people across Scotland who are in hospital or stuck waiting to go home from hospital.



It also lists people who are in an **out-of-area** placement.



An **out-of-area** placement is when a person can only get the support they need if they move a long way from home and family.



It also lists people who are at risk of going into an out-of-area placement because the support in their local area could break down.



This list helps local areas plan support and helps services make sure people are not in hospital for longer than they need to be.

Peer Support Network



The Peer Support Network is a Group of professionals who meet regularly.



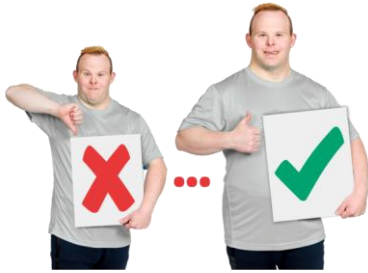
They share ideas on how to make sure people with learning disabilities do not stay in hospital for too long and are able to live in their own local areas.



They talk about any problems they have had in their work supporting people with learning disabilities.



They also tell each other about the things they do that work well.



This helps make support better for people with learning disabilities and complex needs.

Short Life Working Group



The Short Life Working Group is a group of experts who held meetings to agree on the most important things to do next and worked together to write the action plan.

Redesigning inpatient (hospital) services



Work has started to understand how many learning disability beds are needed in hospitals in Scotland.



Work has also started to make sure people only stay in hospital when they need treatment and they get home from hospital quickly and safely.

People in hospital 10+ years



31 people have been in hospital for over 10 years.



Work is being done with local areas to help them move these people back into the community.

What the Action Plan Will Do Next



The things the action plan will do next are listed below:

Improve support planning



Keep making the Dynamic Support Register better.



Make sure it is used to take action, not just gather information.



Help local areas fix problems like delays and poor communication.

Create a National Support Panel



Create a panel which will offer expert help to local areas and help solve complex cases that people and services are stuck on.



This panel will also check whether people are getting the right support.

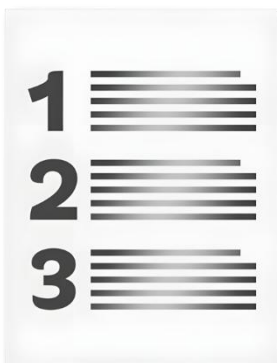


This idea is being tested out in one local area first to see how it works.

Strengthen community services



The plan will help staff learn important skills.



These are:



- Understanding complex needs.



- Supporting people safely.



- Reducing restrictive practices.



- Working with families.



A national training guide has been made to support this.

Improve housing options



The plan will help local areas understand the housing needs of people leaving hospital.



The plan will provide guidance on different types of housing options available to people.



The plan will look at making a housing advice service for staff.



The plan also says that it will work with the Scottish Government's national housing programme.

Commissioning (planning and buying support)



The plan will help local areas to work together and share examples of good practice.



The plan will explore different funding options.



The plan will also support services to make sure they always meet individual needs and protect human rights.

Human Rights, Lived Experience, and Next Steps

Human Rights



The Coming Home action plan is based on human rights.



This means that people with learning disabilities must be involved in decisions.



The plan says that people must be treated fairly.





The plan says that people with learning disabilities should always be treated with respect.



The plan says that people with learning disabilities should have choice and control over their lives.

Lived experience



People with lived experience and their families will be asked to do the following things:



- Be part of a new Lived Experience Hub which is a group where you can



- Help design solutions.



- Help check the action plan is working.



- Help make sure the voices of people with learning disabilities are heard across the country and locally.

How the plan will be monitored



New groups will be set up to make sure the action plan is delivered.



A Coming Home Strategic Delivery Group will be set up to supervise delivery of the action plan

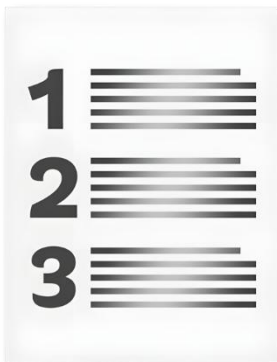


A Coming Home Leads Group will also be set up with senior people who work in the local authority areas on coming home



There will also be regular meetings between COSLA and the Minister for Social Care and Mental Wellbeing

What this will achieve



The main aims of this action plan are listed below:



- People should be able to live where they choose.



- Families should be included when planning housing and care for people with complex needs.



- Services should work well together.



- People should not get stuck in hospital.



- Everyone should be treated with dignity and respect.



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