

**Struggling
with your
energy bills?**

**We're here
to help.**

No matter who your energy supplier is, talk to British Gas Energy Trust funded money and energy advisors.



Post Office Pop-Ups

The British Gas Energy Trust, in partnership with the Post Office, British Gas, and 20 local charities, is hosting free drop-in events across Britain from September 2025 to September 2026.

Open to everyone regardless of energy supplier, these sessions offer expert advice on energy debt grants, energy bills, budgeting, and benefits. Attendees can speak with trained advisors, access support schemes, get help understanding bills, and receive free energy-saving devices.

Events include Post Office Pop-Ups and charity-led drop-in advice sessions. On the following page are the event dates until December 2025.

To find out more

- * Come and speak to a money and energy advisor at your local Post Office Pop-Up or money and energy advice drop-in sessions.
- * In-person support is available all year round across Britain at British Gas Energy Trust funded money and energy charities.
- * Visit www.britishgasenergytrust.org.uk to find your nearest local money and energy charity or to apply for an energy debt grant.

For further details please visit
www.britishgasenergytrust.org.uk

Event dates

Charity partners	Pop-Up 1	Pop-Up 1 dates	Pop-Up 2	Pop-Up 2 dates
Zinthiya Trust, Leicester	Post Office Woodgate 4-6 Buckminster Road, LE3 9AR	16,17 Sept	Highfields Centre, 96 Melbourne Rd, LE2 0DS	23, 24 Sept
CA SORT Group, Stockport	Post Office 36-40 Great Underbank, Stockport, SK1 1QF	30 Sept, 01 Oct	The Olive Branch Community Hub, 2c Castle St, Edgeley, SK3 9AB	7, 8 Oct
Burmatofts Projects, Leeds	Post Office 6-16 New York St, LS2 7BG	14, 15 Oct	The Compton Centre, Harehills Ln, LS9 7BG	21, 22 Oct
Money Matters, Glasgow	Post Office FARE Scotland, 31 Drumlanrig Av, G34 0JF	28, 29 Oct	The Whiteinch Centre, 1 Northinch Court, G14 0UG	4, 5 Nov
Citizens Advice Edinburgh	Post Office LifeCare Edinburgh, 2 Cheyne St, EH4 1JB	11, 12 Nov	Citizens Advice, 23 Dalmeny St, EH6 6PG	18, 19 Nov



Scan the QR code to read more about the Post Office Pop-Ups

Stepchange Debt Advice

Debt charity Stepchange offer a free debt advice tool which could help you understand and manage your debts.

www.stepchange.org

Burmatofts Community Projects (Money Buddies)

Sam* and Jennifer*, live in a draughty three-bedroom home. They both have disabilities and are unable to work. Sam is a carer for Jennifer and has experienced benefit sanctions because he wasn't actively seeking employment.

The couple discovered Money Buddies through social media and visited a Post Office Pop-Up to seek help with their energy costs. An advisor provided tailored energy-saving and budgeting advice that could result in annual savings of around £500. A follow-up session revealed they weren't claiming Council Tax support, so the advisor helped submit an application, resulting in an additional £1,200 in annual savings.

*Not their real names



Thank you so much for all the help. I had tried everywhere but I was just being passed around. It's taken a big weight off my shoulders"

Pop-Up attendee