Autumn Community Event!

THURSDAY 27TH OCTOBER, 2022

PROGRAMME

9.30 Registration & Cuppa and Scone

10.00 - 2.15pm Information stalls in Main Hall

11.00 - 12.00 Morning taster sessions/activities

12.00 - 1.00 LUNCH

1.00 - 2.00 Afternoon taster sessions/activities

2.15 Finish



Taster sessions/activities

Have a look at the activities and tick one that you would like to try for the morning and one for the afternoon.



11.00 - 12.00 Morning Taster sessions/activities

Activity	Room	Tick one
Singing workshop/ Singing for fun with JED	F34 upstairs	
Digital Skills: basic tips on using phones and computers with RAY	Computer Room upstairs	
Chair based fun exercise with ANN	Games Room downstairs	
Energy Workshop: advice and tips with ALAN	Arts and Crafts Room downstairs	
Deaf Action: free equipment available with GORDON	Sensory Room downstairs	

1.00 - 2.00 pm Afternoon Taster sessions/activities



Activity	Room	Tick one
Singing workshop/ Singing for fun with JED	F34 upstairs	
Digital Skills: basic tips on using phones and computers with KIMBERLEY	Computer Room upstairs	
Energy/Pensions workshop with ALAN	Games Room downstairs	
Art and craft activity: make decorations, pin cushion or keyring with MONIKA	Arts and Crafts Room downstairs	
Deaf Action: free equipment available with GORDON	Sensory Room downstairs	