

Welcome to the ECHO Trails project that highlights and showcases the rich heritage and spectacular scenery of the east Cowal peninsula.

Bounded to the north by a section of the Cowal Way and to the south by Holy Loch and Loch Long, the ECHO Trails encompass the Shore Villages of Kilmun, Strone, Blairmore and Ardentinny as well as Glen Massan, Lochgoilhead, Inverchapel and Loch Eck.

The ECHO Trails feature hundreds of miles of walking and cycling paths in and around the Argyll Forest Park, the UK's oldest managed forest, and the stunning Loch Lomond & Trossachs National Park.

From exploring the enchanting Puck's Glen and Glenbranter to discovering all about the Clan Campbell and medical pioneer Elizabeth Blackwell, there's so much to see and do in this small corner of Argyll including superb food and drink venues and a geocaching trail.

Accessed by car and passenger ferries from Dunoon or via road through the breathtaking Rest and Be Thankful mountain pass, the ECHO Trails are just 90 minutes from Glasgow and represent a true gateway to the Scottish Highlands.

You can find out more about the history behind the many ECHO Trails landmarks, walks and paths by visiting **www.echotrails.org** or downloading the free ECHO Trails app from your app store.

Become an ECHO Trails blazer today and uncover over 3000 years of human history as well as some of the most impressive vistas on Scotland's west coast!



Welcome to the ECHO ECHO RALS

To find out more about the regularly updated landmarks, places of interest and the many walks on the ECHO Trails please visit **www.echotrails.org**. You can also download the free "**ECHO Trails**" app from your app store.

For the latest updates, follow us on:

- @ECHOTrailsCowal
- **ECHOTrailsArgyll**
- **G** EastCowalHeritageOutdoors

The Echo Trails project is supported by



ENVIRONMENT

ÀRAINNEACHD EACHDRAIDHEIL

ALBA



www.echotrails.org

www.echotrails.org

KEY LANDMARKS



Historic Kilmun is based at Kilmun Church and includes the Argyll Mausoleum, resting place of the Clan Campbell chiefs and the Dukes of Argyll. Open from April to October (Thursdays to Sundays 10am-4pm) and at other times by appointment. Entry fee / 07887856514 / www.historickilmun.org



Puck's Glen is an enchanting wooded ravine with a range of walks. Its name comes from the mythical sprite in Shakespeare's 'Midsummer Night's Dream' and it was originally part of the Benmore Estate.

Free / www.forestryandland.gov.scot



www.faithincowal.org

sixth century.

Faith in Cowal. based at Historic

Kilmun, is an extensive network of

pilgrim paths and trails that criss cross

the Cowal peninsulas taking in many

religious pioneers dating back to the

landmarks and sites established by

The 180 acre **Kilmun Arboretum**, established in 1930, is home to more than 150 tree species from around the world and features a number of trails aimed at all abilities including the John Jackson Trail, Conifer Trail and Eucalyptus Trail.

Free / www.forestryandland.gov.scot



Benmore Botanic Garden features 7 miles of trails across 120 acres leading to beautiful locations such as the magnificently restored Victorian fernery, Monkey Puzzle forest, Japanese Valley and the Tasmanian Ridge. Open from March to October. Entry fee / 01369 706261 / www.rbge.org.uk



Glenbranter includes a number of trails suited to all abilities from short strolls among ancient oaks to challenging all-day bike rides. A section of the 57 mile Loch Lomond and Cowal Way passes through Glenbranter.

Free / www.forestryandland.gov.scot



The **Lauder Memorial**, overlooking Glenbranter just off the A815, was erected by legendary global entertainer Sir Harry Lauder and dedicated to his son Captain John Lauder after his death in the First World War.

Free / www.seelochlomond.co.uk

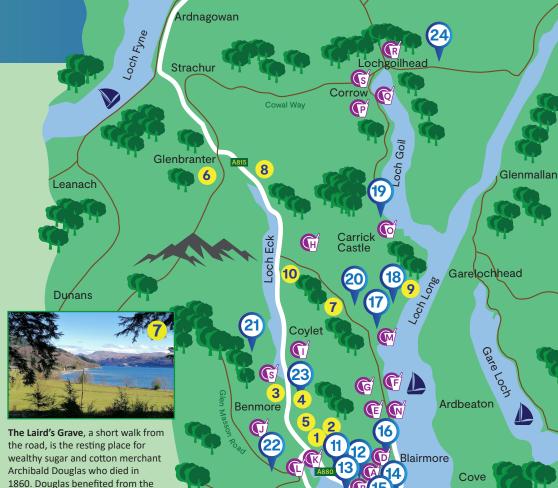


Ardentinny Beach features a network of woodland trails suited to all abilities including a 4 mile coastal hike to the historic Carrick Castle. Washed by the waters of Loch Long, it's the longest sandy beach in Cowal and played host to naval commandos preparing for the WW2 Normandy landings.

Free / www.forestryandland.gov.scot



Jubilee Point is an idyllic and tranquil spot on the banks of Loch Eck that played host to paddle steamers in the Victorian era including the "Aglaia", a steamship built by prominent local engineer David Napier. Free / www.forestryandland.gov.scot



Food, drink & activities

slave trade and his grave provides a

fantastic viewpoint over Loch Long.

Places of interest Napiers Tea Caddies

12 Younger Hall

13 Kilmun Pier

15 Strone Pier

16 Blairmore Pier

20 Dun Daraich

22 Glen Massan

17 Glenfinart House Tower

Centre for more details)

24 The Stone of the Britons

18 Glenfinart Walled Garden

Free / www.echotrails.org/heritage

14 Dunselma Castle (no access / private ownership)

19 Carrick Castle (no access / private ownership)

21 Paper Caves (Contact Benmore Outdoor

23 Grave of Archibald Kerr in Stratheck

Visit echotrails.org for more information

A Blairmore & Strone Golf Club 01369 840676

Clachaig Dunoon

- B Shore Café 01369 840662
- C Strone Inn 01369 840243 / thestroneinn.co.uk
- D The Blairmore 01369 760391 / www.theblairmore.co.uk
- E Quadmania 01369 810289
- F Ardentinny Restaurant 01369 810126
- G Ardentinny Outdoor Centre 01369 810271
- H Whistlefield Inn 01369 860484
- Coylet Inn 01369 840630
- Coylet Inn 01369 840

- J Benmore Outdoor Centre 01369 706337
- K Jet Garage 01369 840333

Strone

Joly Loch

- L Sheila's Diner 01369 840004
- M Glen Finart Caravan Park 07743 598429
- N Gairletter Caravan Park 01475 522091
- O Carrick Farm 01301 703646
- P Lochgoilhead Holiday 07823 554508
- Q Boat Shed cafe 01301 707348
- R Goil Inn 01301 703208
 - S Argyll Holidays www.argyllholidays.com