

Welcome to Japan! 日本へようこそ!

This amazing country has plenty to offer. This guide has been designed to help you make the most of your trip with useful tips and advice about British Consular services in Japan. To read more about how we've been preparing visit <http://www.gov.uk/fco/rugby-2019>



Keep informed and up-to-date, read FCO Travel Advice and sign up for alerts at:

<http://www.gov.uk/fco/rugby-2019>
<http://www.gov.uk/world/japan>

Japan 2019 FAQs

Q: What should I do if my passport is lost or stolen?

A: Apply and pay online for an Emergency Travel Document (ETD) using our online service.

Apply online at: <http://www.gov.uk/emergency-travel-document> or call +81 (0)3 5211 1100 if you need further information.

Q: What should I do if I lose my bank cards and cash?

A: Contact your bank immediately to cancel your cards. In the event of a theft, report the theft to the nearest police station. Having your bank's phone numbers and photocopies of your passport and bank cards is highly recommended.

Q: What should I do in case of a natural disaster?

A: In the event of a natural disaster (e.g. earthquake, typhoon), follow the emergency procedures of local authorities. Monitor the Japan Meteorological Agency: <http://www.jma.go.jp/jma/indexe.html>

A few tips:

In an earthquake, drop to your hands and knees. Cover your head and neck with your arms. Hold on to any sturdy furniture until the shaking stops. If you are in a high-rise building, expect fire alarms and sprinklers to go off. Do not use lifts. Aftershocks are common.



How can we help?



We can offer an Emergency Travel Document if your passport is lost, stolen, damaged, full, expired or has less than 6 months validity. We cannot issue full validity passports or negotiate the visa processes of another country.



We can offer advice on transferring funds. Unfortunately, we cannot pay bills or give you money from public funds.



We can offer support if you are a victim of crime. We cannot investigate crimes.



We can help if you are hospitalised. We cannot pay your hospital bills.



We can support you if you have been arrested or are in detention. We cannot get you out of prison.



UK Consular helpline: +81 (0)3 5211 1100



Useful Phrases

English isn't widely spoken outside of Tokyo. Here are some useful Japanese phrases:

Konnichiwa Hello

Genki desu ka? How are you?

Eigo de hanasemasuka? Do you speak English?

Tasukete Itadakemasuka? Can you help me?

Doko ni arimasuka? Where is it?

Subarashii! Cool!

Arigato gozaimasu Thank you very much



If you need emergency medical assistance, call 119 for an ambulance. Patients will be asked to provide details of their insurance cover at the hospital. Make sure you have appropriate travel insurance, which covers you for the activities you plan to do. You can refer to our sources of medical information on [GOV.UK](http://www.gov.uk).



Be careful not to get dehydrated when drinking alcohol in the sun. Japan's humidity levels are high, even through September and October.

For more information visit:

<http://travelhealthpro.org.uk> or <http://fitfortravel.nhs.uk>

TIPS | ヒント



1

Keep your passport with you at all times.

Carrying Photo ID is required by law in Japan, and police officers may ask you to show your passport.

Failure to do so can get you into trouble. Photocopies are not an option.

2

Japan is mostly a cash society and not all places accept credit cards. Most convenience stores (Konbini) are open 24/7 and have ATMs that accept foreign credit and debit cards. There may be a limit on how much cash you can withdraw. Let your bank know you are coming to Japan to ensure you are able to use your card freely during your trip.

3

Japan has a zero tolerance policy for drugs.

Getting caught using or being in possession of even a small amount of illegal drugs can result in heavy fines and long sentences.

4

Please be aware that although Japan is a safe country, pickpocketing is on the rise in some popular tourist areas and drink spiking has occurred.

Please keep an eye on your valuables and be aware of your surroundings.

For more information, refer to our Travel Advice pages.

5

Drunken boisterous behaviour could get you into trouble.

Please be mindful of others and of local laws and customs.

VENUES



<http://www.rugbyworldcup.com/venues?lang=en>

Sapporo Dome
Sapporo City
札幌ドーム
札幌市

Kumagaya Rugby Stadium
Saitama Prefecture, Kumagaya City
熊谷ラグビー場
埼玉県・熊谷市

City of Toyota Stadium
Aichi Prefecture, Toyota City
豊田スタジアム
愛知県・豊田市

Kobe Misaki Stadium
Kobe City
神戸市御崎公園球技場
神戸市

Fukuoka Hakatanomori Stadium
Fukuoka Prefecture, Fukuoka City
東平尾公園博多の森球技場
福岡県・福岡市

Kumamoto Stadium
Kumamoto Prefecture, Kumamoto City
熊本県民総合運動公園陸上競技場
熊本県・熊本市

Oita Stadium
Oita Prefecture
大分スポーツ公園総合競技場
大分県

Hanazono Rugby Stadium
Osaka Prefecture, Higashiosaka City
東大阪市花園ラグビー場
大阪府・東大阪市

Shizuoka Stadium Ecopa
Shizuoka Prefecture
小笠山総合運動公園エコパスタジアム
静岡県

International Stadium Yokohama
Kanagawa Prefecture, Yokohama City
横浜国際総合競技場
神奈川県・横浜市

Tokyo Stadium
Tokyo
東京スタジアム
東京都

Kamaishi Recovery Memorial Stadium
Iwate Prefecture, Kamaishi City
釜石鶴住居復興スタジアム
岩手県・釜石市



The Match Schedule

<http://www.rugbyworldcup.com/matches>

British Embassy Tokyo



Ichiban-cho-1, Chiyoda-ku,
Tokyo 102-8381

How to get there:
Metro stop: Hanzomon

Consulate access is by appointment only.

24/7 support is available by telephone for all routine enquiries and emergencies. Please call +81 (0)3-5211-1100.

Please visit: <http://www.gov.uk/fco/rugby-2019>

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You can also find information on our activities through: <http://en-gb.facebook.com/ukinjapan/> @UKinJapan

Stay Onside

with this handy device

RUGBY 2019 JAPAN



British Embassy
Tokyo

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Planning your trip

Japan is very diverse, with the venues spread out across the country, and there is plenty to see and do in between matches. Most cities have websites in English on top tourist hotspots and local attractions.

It is worth familiarising yourself with the local transport system before you go. Trains are the most convenient way to get around and to get a feel of the local areas. Most lines (Japan Railway and the metro system) run from 5:00-00:00 every day. The equivalent of the Oyster card in Japan is the "Pasmo" or "Suica" card in Tokyo and can be purchased and topped up in local train stations or online. You can also purchase a JR railpass before you arrive to obtain the full discount prices. It will allow you to travel using the bullet trains to different venues. **For more information visit <http://www.japan-rail-pass.co.uk/>.**

Bus services and car rental companies are available as well. Taxis are readily available with a starting meter (depending on the city) ranging from ¥400-¥700. Most taxis in big cities accept credit cards and cash, but in more remote areas, they might only accept cash.



Useful Information

Emergency services:

Police: 110
Ambulance and Fire Services: 119

Cash & Currency

The yen (¥) is the currency of Japan. Keep in mind most prices displayed do not include tax.

£1 = ¥140	¥100 = £0.7
£5 = ¥700	¥1000 = £7
£10 = ¥1400	¥10,000 = £70

Correct at time of printing.
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