



Keep Safe



My name is

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Things you need to know
about me and my health

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How I communicate

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Any other details

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How I communicate

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Any other details

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People who can help me



Name.....



Number.....



Name.....



Number.....



Name.....



Number.....

In a non emergency call
the Police on **101**
In an emergency call
the Police on **999**
On the train text the British
Transport Police on **61016**



I Am Me

www.iammescotland.co.uk

Keep Safe Scotland App
Available on iOS and Android



POLICE
SCOTLAND

BRITISH
TRANSPORT
POLICE

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