



PY News



March 2019

'Goodbye Winter, Hello Spring' Edition

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- Our Volunteers
- Hello to new PY members
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Pilton Youth & Children's Project, The Greenhouse,
33 West Pilton Brae, Edinburgh, EH4 4BH



"I come to PY so I am not hanging around the streets"



"I enjoy playing with my pals at PY"

"I went to PY as a kid, now my kids come too"



"PYCP is always there for our children, we know they are safe at PY"



Registered Charity
SC003353



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PYCP/97



@PiltonYouthProj

September to December



was a whirlwind of activities, trips, clubs and groups at the project. Before we knew it Christmas had been and gone and it was 2019 already.



Thank you to all of our funders, fundraisers, staff and volunteers for helping to make PYCP a safe and fun place for children and young people of North Edinburgh.

We are excited as we enter our 22nd year and ready to face any challenges that we may get along the way!

"My children never stop talking about all the fun they have at PY"



495



Unique users registered this year to attend our clubs and groups.

2900



Children and young people attended our open clubs last term





PLAY TIME AT PYCP!

Having roots as an adventure play project, PYCP decided in early 2017 to introduce a play approach in some of our under 12's provision; allowing children to lead their own play experiences.

Children learn so much from play; it teaches them social skills such as sharing, taking turns, self-discipline and tolerance of others, it assists in their emotional and intellectual development and mental health resilience which are which are core building blocks for their transition years. (Play Scotland, 2017)

We provided resources under the themes of loose parts, messy and sensory play, and fantastic training with Play Midlothian explained the role of staff was to be invited into the play process by children rather than providing structured activities.



The project has grown over the last two years with up to 35 children attending every week. Messy play has been really popular and the children have experimented with play dough, sand, slime, gloop and bubbles, using ingredients that can be bought on a budget or that can be found in the home.

In the summer we offered outdoor play, using parachutes to build dens, sticks to build structures and creating games using their surroundings. This inspired us to apply to Children in Need to develop an adventure play programme for ages 8 to 11. By offering opportunities for risky play in a supervised environment we will help children understand and manage risk instead of looking elsewhere, often to dangerous situations, for excitement. We are excited to say that we have been awarded 3 years of funding to run this project. Watch this space for more info!



Thanks to Radio Forth's Cash for Kids, The Robert Barr Charitable Trust, The Souter Trust and Children in Need for their generous funding awards for "PY Play".



Our Volunteers

525



Volunteer hours
in September and
December 2018

The work we do at PYCP is enhanced by a team of dedicated volunteers who give their time each week to support our clubs and groups. People get involved in volunteering for all sorts of reasons, and that is reflected by our team – from people gaining their first experience with children and young people, to ex teachers looking to work more creatively or business women enjoying doing something completely different. It is important to us that our volunteers are not just “unpaid workers” – we value that everyone has something different to gain from their involvement and try to support them to do that. We think this is important for young people coming to PY too: volunteers provide a variety of role models, showing different ways of being an adult with different experiences and skills. As Volunteer Development Worker I have been working to expand our volunteer team, and to make sure all our volunteers have the best possible experience at PYCP.



"Making new friends and learning how to look after children in the clubs and groups."
Maria
Volunteer in
Tuesday P5 _ P7
Club



"Becoming part of the local community and getting to meet kids from all different backgrounds"
Corinna,
Volunteer in
Tuesday
Girl's Group



We asked our volunteers what they thought the best thing about volunteering in PY. Here are some of their responses:

"Interacting with the kids, seeing that they are having fun and a good imagination. It helps develop my skills and learning new things too!"

Susanna
Volunteer in Thursday PY Play

**Debs Hahn
Volunteer Development
Worker**

"being able to engage with young people in my local community whilst learning new skills and having lots of fun"!

Tamara
Volunteer in
Wednesday Drop In

"Putting your own ideas you can put into practice. You get the chance to be creative and incorporate your talents and interests into the work with young people."

Lena
Erasmus Volunteer

"Spending time with great workers who are equally invested in creating opportunities for young people who may be at risk of exclusion but also getting to hang out with the young people themselves! PY is a place where they feel free to be themselves, chill out in a safe space and make friends: volunteering is a great way of making it happen".

Rachel
Volunteer Tuesday P5 - P7 Club and
Wednesday Roots & Branches

Say hello to our new members of the PY Family:

Jill Colvine



Jill's Job: Intensive Support Development Worker

I have lived in Edinburgh all my life, but in 2018 I done some traveling and visited Dubai, South Africa (where we went on a safari which was one of the best experiences of my life!) Mauritius and Abu Dhabi. It was brilliant visiting all these amazing places and getting to experience all the different cultures. I am a very positive, fun, bubbly and caring person who has a real passion for being a positive role model for children and young people.

I have over 7 years' experience working professionally alongside children and young people in a variety of different youth facilities across Edinburgh and the Lothian both within community centres and within a school setting. Within these settings I have delivered a variety of youth activities and focused based workshops that explore current and relevant issues such as MVP, Seasons for Growth, Dynamic Youth/Youth Achievement Awards and SHARE.

On my first day here at PYCP I felt so welcome! The team are so friendly, supportive and caring and everyone has the same reason for being here - to be a positive influence in children and young people's lives! It is a fantastic team and I feel so privileged to be part of it.

Debs Hahn



Deb's Job: Volunteer Development Worker

A bit about me: I've lived in Scotland for 10 years - I used to live in Glasgow and moved to Edinburgh 5 years ago. My background was originally in theatre, and I taught drama to all sorts of groups of children and adults - from games with toddlers to devising dance routines for pensioners in a barbershop choir!

My first job in Edinburgh was teaching drama at Craigroyston high school, the young people in the group devised a show about social media and we performed in a big theatre- it was one of my favourite pieces of work, so it's great to be back working in Pilton.

When I'm not working at PYCP I manage a music and arts festival in Perthshire. Doing two different jobs keeps me on my toes, but there is lots of similarity too - like PY, the festival couldn't run without volunteers, so a lot of my work is trying to find the right people and work out how we can help each other. I really enjoy meeting lots of different people through my work, and helping our volunteers to get involved at PY as well as thinking about what they want to get out of it. The volunteer team are awesome, so that helps!

Everyone at PY has made me feel really welcome - it's a top team to be on!

Zoe Powell



Zoe's Job: 1:1 Intensive Support Worker

I moved to Scotland over 3 years ago and love it. I used to stay in Dundee and recently moved to Edinburgh - so I'm still getting to know the city.

I've worked with children and young people for the last couple of years and feel privilege to combine this at PY with the counselling skills that I've since gained.

I'm excited to work in Pilton, and getting to know people out in the community! I've loved learning new Scottish words so if you see me around feel free to teach me a new word or two! When I first came to PY, the first thing I noticed was how colourful, fun and creative PY looked. Everyone was so warm and welcoming - it's a great place to work!

One interesting fact about me is that I can wiggle my ears!

PY FACENorth News:



Qualifications

We taught 4 young people Maths and English due to non-engagement in school which resulted in:
1 YP gaining National 4 Maths and English,
1 YP National 4 Maths,
1 YP National 3 English,
2 YP gaining National 3 Maths.

Midnight and Beyond 10pm–3am

We have visited a big variety of places between 10pm and 3am including;
Harlaw, Aberlady, Blackness, Pentlands, Dalmeny, Fife, Cove Harbour, Beebraigs and Cammo woods. This has been key in diverting negative behaviour.



**Figures from
Police Scotland
confirm
motorcycle
crime in North
Edinburgh
reduced by 80%
in last 2 years**

PY FACENorth received funding from SYHA through the Hostelling Scotland Explorer Fund to take a group of young men on a residential for 4 days to Aviemore. The young people were part of the whole process which included researching choices for accommodation and arranging activities to do during our time away.

We stayed in Aviemore Youth Hostel where they had an experience of a shared living environment. It focussed the trip on increasing confidence, team building, desisting from anti-social behaviour and crime and also goal setting for when they returned. The boys had breathing space away from their community and home life, giving time to reflect and build peer relationships. They engage in adrenaline filled activities and explored their environment and surroundings. at Laggan Wolftrax Mountain Biking Trail Centre, Quad Biking in the Alvie Estate and fire building on Loch Morlich.

Since this trip the group have all moved into positive destinations including college, apprenticeships and stage 2/3 courses. With these types of opportunities we can support young people further and increase their experiences, motivation and self-reflection.

Fireworks 2018

On Saturday 3rd to Tuesday 6th November James and Katie took a group of young people on a 4 day Residential to Hexham and Newcastle to engage in more positive activities.

This reduced anti-social behaviour and criminal activity in north Edinburgh and helped to encourage young people to be responsible and safe.



Positive Transitions 4 Youth

Whoever said that money can't buy happiness clearly hasn't been part of John Loughton's Dare to Lead programme or stayed with the Abernethy trust in Barcaple. Spending time with such dedicated, inspiring and enthusiastic people certainly made a group of 6 young people from Pilton taking part in a leadership residential programme very happy indeed.

This experience was only possible due to funding from Capital City Partnership and the Forth Neighbourhood Partnership.

With a successful application and enough votes to be awarded funding staff from Pilton Youth and Children's project and Edinburgh council's life-long learning were able to call upon the expertise of John Loughton, a successful entrepreneur who knows exactly what it takes to be a good leader.

John grew up in Muirhouse and faced some challenges as a young person which could have led him down a very different path in life.



With a lot of determination and hard work John has since gone on to become a politician, campaigner and build a social enterprise to teach other young people how to believe in themselves. He calls his programme 'Dare to Lead'.



What better example can be set to young people from Pilton who are currently planning their future and making big life decisions?



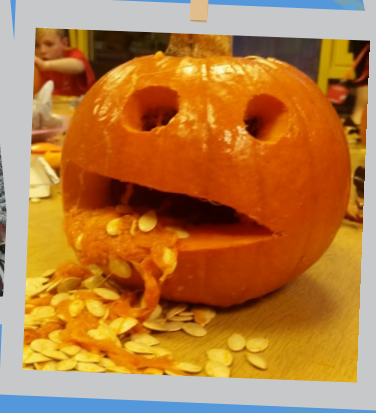
Over the week we learned about personality styles, how to set goals, how to communicate effectively and how to lead a team. Young people were able to see that they have more in common with each other than they realised. They also learned how to celebrate the different personalities in the group and acknowledge the benefits this can bring to a team. Additionally, through a variety of lectures, team tasks and individual reflection sessions young people were able to challenge their perceptions and begin looking to their future with a positive mind set. There became a never ending list of options available to them and they felt truly inspired to give anything a go.

In addition to learning what it takes to be a leader, the young people were also given an insight into what it's like to be away from home for a week. While there was certainly some hesitation to leave the PS4, the dog and all the home comforts behind but everyone supported each other and rallied round to make the best out of the week together. It was made so much easier by having such caring and intuitive staff at Abernethy Trust looking after us. Through the Abernethy trust we worked as a team to build a tower of crates, complete a challenging obstacle course and climb what felt like the highest hill. They did everything they could to make us feel comfortable from homemade roast dinners to cookies before bedtime: we were in safe and welcoming hands for the whole week.

Report by Jen O'Neill

PY round up in pictures

Doughnut dookin'
Pumpkin Carving
Wrap the mummy
Halloween 2018



On the 24th November PYCP took some young people to the Hibernian stadium for a tour. They got to go behind the scenes and get a photo taken in the changing rooms, the press room, the tunnel and the dugout. It was an amazing, new experience for us all and we would like to thanks Hibernian Football Club for this incredible experience.



Jubilo Choir fundraising concert raised over £1300 after their concert



S1+ group back packing at Asda in Newhaven

PY round up in pictures



Lots of baking and cooking in the PY kitchen. Children and young people enjoying making new recipes and eating them. Lena showed them how to make a fab savoury muffins.



Thanks to Cash for Kids and Edinburgh Zoo, 3 PY children were Zoo Keepers for a day.



They met some very interesting animals and had a very busy schedule! They were learning and experiencing animal training, feeding animals, cleaning enclosures and creating enrichment products which keep the animals active and interested in their environment.

The trainee zookeepers met Agoutis, Armadillos, Cuscus, Meerkats and finally the Penguins!

A Fabulous day was had by all. The boys favourite part of the day was meeting the penguins, in particular Kevin, who unfortunately is the only penguin who cannot participate in the Penguin Parade as he can be very naughty and enjoys nipping people's feet!

Programme: January 2019

MONDAY

TUESDAY

12:00 - 4:00 PM SCHEME OF WORK

Closed group offering a skills based programme to young people as part of our FACENorth Project

3.30 - 4.30 PM FOOTBALL P4- P6

Fun football for boys & girls in P4 and P6

7.00 - 10.00 PM FACE North Boy's Group

10.00 PM - 3.00 AM (Fortnightly) MIDNIGHT & BEYOND

Closed groups diversion and support as part of FACENorth Project

12:00 - 4:00PM SCHEME OF WORK

Closed group skills based programme to young people as part of our FACENorth Project

3.30 - 5.00 PM P5 - P7 Club

Fun activities, arts and crafts, games and sports

6.00 - 7.30 PM GIRL'S GROUP

S1+ Girls meet up space

WEDNESDAY

10:00 AM - 1.30 PM POSITIVE TRANSITIONS

Closed group offering employability support for young people aged 16 - 25

3.30 - 5.00 PM ROOTS & BRANCHES

Closed group supporting young people in S1+

5.15 - 6.15 PM C:CARD DROP IN

For young people aged 13+ free condoms and advice on sexual health

6.30 - 8.00 PM WEDNESDAY DROP IN

Club for S1+ young people

THURSDAY

3.30 - 4.30 PM PY PLAYTIME

For P1 - P3 encouraging fun play in a safe environment

7.00 - 10.00 PM FACENorth Boy's Group

10.00 PM - 3.00 AM (Fortnightly) MIDNIGHT & BEYOND

Closed groups diversion and support as part of FACENorth Project

FRIDAY

10 AM - MIDDAY LOCAL PARENTS MEET UP SPACE

Space for local parents and under 5's to meet up and have a chat, make new friends. Softplay room and toys for Under 5s available.

12.45 - 2.15 PM FUNKY FRIDAYS!

Fun activities, arts and crafts, games and sports for P1 - P4 boys and girls

FRIDAY HUB - start date still to be confirmed. Check Facebook for updates

Weekend

SATURDAY HUB - start date still to be confirmed. Check Facebook for updates.

SUNDAY SUPER LEAGUE
Age 12 - 16 yrs
6.15 pm at PYCP

We also offer

- 1:1 Support work for children and young people aged 5 - 18
- Primary to Secondary Transition
- A range of activities & 1:1 support to young people through our FACENorth (Focusing on Alternatives to Crime) Project
- Employability support for young people age 16 - 24
- Residentials, Holiday programme and trips including regular Hibernian FC football home matches

PYCP & children's Pilton Youth Project

To all
parents and
guardians



Dear Parents/Guardians/Carers

Every year we ask that your child's details are updated and a new consent form completed. The best time to do this is in August/September as your child starts their new year of school. If your child is joining us midway through the year please can you tear out this page and complete the consent form overleaf.

Please take time to fill out this form as FULLY as possible and return to the project on their first day at the clubs.

If the form is not completed your child may not be allowed to attend the activities.

PYCP offers a range of indoor and outdoor activities under staff supervision but most activities carry some degree of risk. A risk assessment is always carried out on all our clubs, groups, outings and activities and one of our requirements is that we must have up to date information provided by you on your child.

I would like to put your mind at ease and confirm that we are committed to maintaining the trust and confidence of parents, guardians and carers and to let you know that we will not share any of the information you provide with anyone outside of the project without specific consent form you first.

Through our clubs, groups and individual support we aim to offer children and young people informal education opportunities so that they are better informed about important issues such as their rights, drugs, HIV/AIDs, discrimination including racism, sexism, disability, sexuality, relationship and health. PYCP staff and volunteers operate according to agreed principles when dealing with such issues and in ways that are appropriate for the age of the child or young person.

Please contact the project if you would like more information.

The Management Team



I  PY





Pilton Youth & Children's Project

AUGUST 2018

CONSENT & REGISTRATION FORM

Every child and young person **must have** an up to date consent form for the start of the new school year in August **even if a** form was completed during the summer

Dear Parents/Guardians/Carers

If this form is not completed your child/young person may not be allowed to attend activities. We want you to know that we are not in the business of selling, renting, trading or sharing information with any other charities, companies and businesses for marketing purposes. Our privacy policy can be viewed on our website or we can send you a copy if you email info@pycp.co.uk.

Thank you

CHILD/YOUNG PERSON'S NAME

.....:

DATE OF BIRTH:

..... [MALE] / [FEMALE]

ADDRESS INCLUDING POSTCODE:

.....
BEST CONTACT NUMBERS (HOME AND MOBILE):

1:

2:

DOES YOUR CHILD HAVE ANY SPECIAL DIETARY REQUIREMENTS? PLEASE LIST:

.....

WHICH PART OF THE COMMUNITY DO YOU LIVE?

[West Pilton] [Muirhouse] [West Granton][Royston]

Other: please state:

HOW BEST DESCRIBES YOUR ETHNICITY?

[White British] [White Scottish] [Black] [Asian] [Polish]

Other:

GIVE DETAILS OF ANY MEDICAL CONDITIONS, ALLERGIES OR OTHER CONDITIONS THAT MAY AFFECT YOUR CHILD:

.....

LIST ANY MEDICATION TAKEN?

.....

NAME OF YOUR DOCTOR'S SURGERY?

.....

SCHOOL YEAR? EG: P1, P2, S1,S2 ETC

NAME OF SCHOOL YOUR CHILD ATTENDS?

.....

IN THE EVENT OF AN EMERGENCY (NOT YOU-SOMEONE ELSE) WHO SHOULD WE CONTACT?

NAME:

NUMBER

I, GIVE PERMISSION FOR DIGITAL PHOTOGRAPHY / VIDEOING OF MY CHILD TO BE USED FOR PYCP'S PUBLICITY, WEBSITE AND OTHER

MATERIAL: [] YES OR [] NO

IS YOUR CHILD TO BE COLLECTED FROM THE PROJECT? [YES] OR [NO] - IF YES, BY

WHOM:

I give permission for the child/young person named above to take part in all activities with PYCP and give staff my permission to authorise medical treatment **INCLUDING BLOOD TRANSFUSIONS** on my behalf in the event of me being unable to be contacted in an emergency. I also undertake to advise PYCP of any changes to the information on the this form immediately.

Signed:

Print Name

Relationship to child:

Date:

DATE SUBMITTED:

.....