

NHS Smoking Cessation Services, 2017/18

A National Statistics publication for Scotland

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About this release

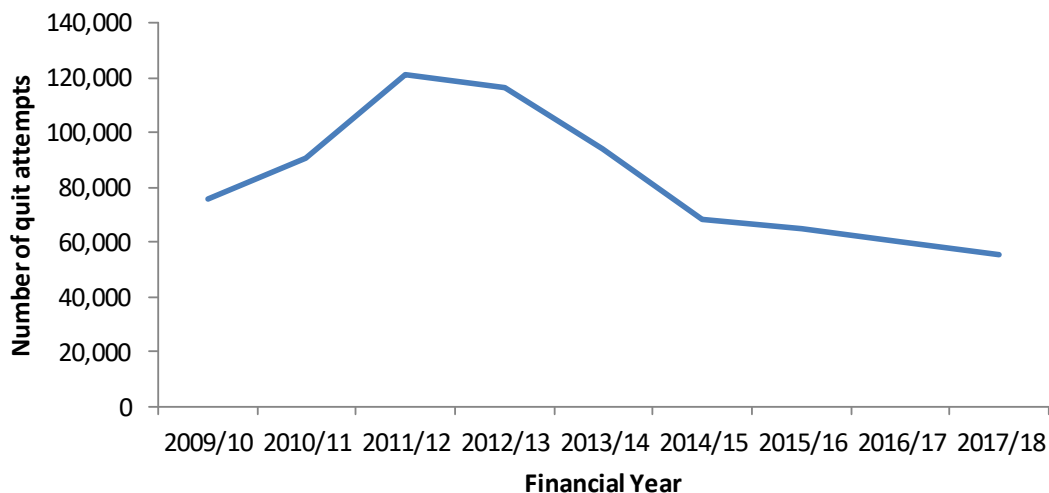
This release by Information Services Division provides an annual update on statistics from NHS smoking cessation services in Scotland for the period April 2017 to March 2018, including trend data from 2009/10. It is supplemented by a dashboard and Excel workbook.

Main Points

Quit attempts in 2017/18

- The number of quit attempts made with the help of NHS smoking cessation services in 2017/18 fell for the sixth consecutive year to 55,369. This is a 7.4% decrease from 2016/17 and a 54.4% decrease since 2011/12 when numbers of quit attempts reached their peak. The reason for the fall in quit attempts is likely to be the result of a combination of factors, including the use of electronic cigarettes, which may be for some a step towards quitting.

Number of quit attempts made in NHS smoking cessation services, Scotland; 2009/10 - 2017/18



Success of quit attempts in 2017/18

- Of those making a quit attempt 38.4% (21,237) reported that they were still not smoking at four weeks. This figure fell to 22.7% (12,553) at twelve weeks, both these quit percentages are similar to 2016/17.
- Of the 21,237 self-reported four week quits, 62.1% (13,180) were confirmed successful on carbon monoxide testing, 2.1% (450) were confirmed as smoking, and 35.8% (7,607) had no carbon monoxide reading taken or the result was unknown.

Background

In July 2005 ISD Scotland set up a national smoking cessation database to capture data on people presenting to NHS services in Scotland for help to stop smoking. The database is designed to collect the national minimum dataset for smoking cessation services. The national database is used by all 14 NHS Boards in Scotland.

From July 2014 information about service activity and outcomes from pharmacy services was recorded through the smoking cessation support tool available within the Pharmacy Care Record. This forms part of the national data that are collected by smoking cessation services for each patient undertaking a quit attempt. Smoking cessation minimum data set are electronically submitted from Pharmacy Care Record to the national smoking cessation database.

Figures are based on total quit dates set (quit attempts) during the year, rather than total number of clients with a quit attempt, so could include repeat quit attempts for the same client.

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Further Information

Find out more in the [annual report](#) and [annual dashboard](#).

For information on the 2017/18 Local Delivery Plan (LDP) Standard statistics view the [LDP Dashboard](#) and [publication summary](#).

Background to the national minimum dataset for smoking cessation services is available on the [smoking cessation](#) page on the ISD web site.

ISD has published an annual smoking cessation services monitoring report each year since 2007. These can be located at the [reports and papers](#) section of the [ScotPHO website](#).

The next release of this publication will be in October 2019.

ISD and Official Statistics

Information Services Division (ISD) is the principal and authoritative source of statistics on health and care services in Scotland. ISD is designated by legislation as a producer of 'Official Statistics'. Our official statistics publications are produced to a high professional standard and comply with the Code of Practice for Official Statistics. [Further information about our statistics](#).