

Self-Esteem

SHE Scotland are recruiting new SHE Ambassadors.

Do you want to be more confident, learn new skills and support others? Open to young women aged 15-25 years Tuesdays 10th, 17th, 24th, 31st July & 7th August

> 9.30 Breakfast catch up 10 am - 12 noon session

Based at Pilton Community Health Project 73 Boswall Parkway, Edinburgh EH5 2PW.

Confidence

## Would you like to have your voice heard and be part of a movement to help girls & young women to reach their full potential and ensure equality for all! Training as an Ambassador for younger girls and would support SHE community and school based zones. Come along on TUESDAY 10th JULY @9.30-12 to find out more. Crèche and breakfast included each week. \*\* Bookable Crèche available - Please contact Karen for more info shescotland@outlook.com or 07727434984.

**Relationships** 

**Resilience** 

- Gmbassador

Transition

Preams & Aspirations

**Keflection**