



**Wednesday 26<sup>th</sup> April 2017**

**Edinburgh**

**BUILDING RELATIONSHIPS AND NETWORKS TRAINING**

***The Rock Trust is offering a development opportunity – Building relationships & Networks Training. This is a full day of training aimed at professionals and volunteers who support individuals experiencing isolation, loneliness and vulnerability due to a lack of positive relationships in their lives.***

**Aim Of Training**

The training will look at the importance of supportive relationships in allowing individuals to make positive steps forward, how they can develop positive relationships and improve social skills. The training will also discuss ways for your service to imbed support networks into your practice.

**Learning Outcomes**

Participants will be able to:

- Describe how a Networks Approach promotes best value across services.
- Identify how Resilience, Transitions & Relationships impact on the individuals using your service.
- Apply a Networks Approach to support service users to explore their Support Network, improve skills & increase opportunities to develop supportive relationships.
- Consider how services can embed a Networks Approach in order to improve outcomes for individuals and gain the best possible social return on their investment.

***“Over the past year 90% of trainees have stated that they will implement the key elements of the training into their practice”***

***When:*** Wednesday 26<sup>th</sup> April 2017 - 9:30 - 4pm

***Where:*** Norton Park Conference Centre, 57 Albion Rd, Edinburgh EH7 5QY

***Booking:*** The cost is £95 per delegate. Group bookings reduced rate.

For further information or to book please email [training@rocktrust.org](mailto:training@rocktrust.org) or telephone 0131 557 4059