# 5. Ensuring Edinburgh, and its residents, are well cared-for

Pledge 36



Develop improved partnership working across the Capital and with the voluntary sector to build on the "Total Craigroyston" model

Lead politician: Maureen Child Lead service: Corporate Governance Contact: Nick Croft

#### Where are we now:

#### **Edinburgh Partnership**

The <u>Edinburgh Partnership's Community Plan 2015/18 (SOA 5)</u> incorporates 12 Partnership priorities under four Strategic Outcomes:

- Edinburgh's economy delivers increased investment, jobs, and opportunities for all
- Edinburgh's citizens experience improved health and wellbeing with reduced inequalities
- Edinburgh's children and young people enjoy their childhood and fulfil their potential
- Edinburgh's communities are safer and have improved physical and social fabric

Other related plans are; Prevention Strategic Plan 2015-18 and Armed Forces Community Covenant Plan 2015-18.

#### **Total Place Initiatives**

The value and benefit of locality-based approaches has been recognised in the creation of a third "Total Place" initiative, focussing on Wester Hailes as part of the Council Transformation Programme (CTP). Work continues in this area and elsewhere at locality-level to test out different approaches to service delivery and co-producing new ways of tackling 'wicked' issues. Lessons learned have been incorporated within the CTP and other strategic development groups, in particular the Citizens and Localities Work-stream. Most recently discussions have concerned; service mapping, opportunities for alternative service delivery and best use of community assets. Expansion of participatory budgeting is also occurring with seven of the 12 neighbourhood partnerships, employability and health and social care now using this approach. Coproduction is also taking place with increasing numbers of initiatives working with service users to agree outcomes. Details on the implementation of neighbourhood partnership plans is provided in pledge 33.

### **Citizens and Localities**

A Locality Transformation Plan has been agreed by the Executive Director of Communities and Families as Locality Champion with the intention to bring this to the Communities and Neighbourhoods Committee in November 2015. The Plan is based on four objectives (i) implementing a lean and agile localities operating model (ii) empowering communities and citizens (ii) improving outcomes for citizens and communities and (iv) developing culture and embedding values. This document will provide a platform for extensive staff and partner engagement programme. A working group is now developing governance arrangements to establish the four Locality Leadership Teams, who will develop Locality Improvement Plans (required as a result of the Community Empowerment (Scotland) Act 2015). These will focus on actions to address poverty and inequality and to meet the needs of families and individuals with complex needs.

# The Edinburgh COMPACT

The COMPACT's tenth anniversary has been marked with the launch of a <u>new strategic framework and action plan</u> <u>2015-20</u> aimed to strengthen the role of the third sector across the city and to drive work addressing prevention, while mitigating poverty and inequality across the city. Improved profiling of the third sector's economic and social contributions is taking place alongside greater focus upon enhancing social entrepreneurship and active citizenship.

# **Challenges:**

Steps have been taken to develop accountability for delivering the Community Plan - the introduction of improved governance arrangements by the Edinburgh Partnership Board; and Executive Officer level Advisor positions and the EP Lead Officers Group have been established to provide additional support to the Board.

The Community Empowerment (Scotland) Act 2015 (pending Ministerial Guidance) places specific duties upon community planning partnerships and public bodies to; improve its engagement with communities, establish Local Outcomes Improvement Plans, prepare Locality Plans for communities recognised as facing significant disadvantage. The Act also requires improved policy considerations on options for asset transfer (buildings/land) into community ownership;

As the Council develops its approach to transforming the commissioning of community services and takes account of the Procurement Reform (Scotland) Act 2014, coproduction and the use of public social partnerships (PSP), collaborative commissioning methodologies and community benefit clauses (across grants and contracts) joint working with third sector interests and key stakeholders will be critical in this transformational activity.

Ensuring that Edinburgh COMPACT principles and values are observed across partnership settings and routinely applied with service-users in service design and delivery.

# Where do we want to get to:

The Council engages well with partners and stakeholders to involve communities in the co-design of preventative services that achieve quality and value for money from public funds.

Actions Achieved	When	Notes
The City's first Third Sector Forum took place on 18 <sup>th</sup> May 2015.	18- May -2015	Milestone completed. This event enabled direct dialogue between the Convenor of the Communities and Neighbourhoods Committee and third sector representatives. While most challenges facing the sector are addressed in the new Compact Plan 2015-20, a repeating challenge is pressures on resources and the Council's use of competitive tendering. The Compact Partnership Board is receiving quarterly reports on the state of the sector including continuing pressures.
Coproduction Guidance and an elearning package have been made available to all Council staff.	01-Jun-2015	Milestone completed.  This provides managers with a helpful toolkit to implement effective engagement with service users in designing direct and third party services.
An Edinburgh Partnership in Conference event in June 2015 provided an opportunity for city partners to examine enhanced use of coproduction in their service development.	23-Jun-2015	Milestone completed.  The event challenged and helped city partners to identify initiatives where the use of a coproduction approach would deliver improved outcomes for service users.
A second 'Contribution of Edinburgh's Third Sector (annual) Report' was considered by the Communities and Neighbourhoods Committee in September 2015.	22-Sept-2015	Milestone completed. This report .As well as highlighting social and economic contributions of the sector(2,169 charitable organisations with overall turn-over of £2.45Bn per yr, employing around 15,000 people and 175,000 volunteers, the report also noted barriers to continued operational and financial sustainability of the sector.
Actions in progress	When	Notes
The CTP's Citizen and Localities Work- promises a more localised and devolved approach to service priorities and allocation of resources.	Ongoing	The development of new local approaches requires a long period of development and refinement.
Supporting developments to improve youth and communities of interest engagement.	Ongoing	Communities of interest are invited to relevant Edinburgh Partnership meetings and conferences to develop and progress key community plan outcomes.
		Coproduction of youth service outcomes in Leith and across the City is currently taking place in order to identify suitable provision from council and third sector services.
Bring the Locality Transformation Plan to the Communities and Neighbourhoods Committee.	24- Nov-2015	
Coproduction of a Council policy on community asset transfer.	30-Nov-2015	The new policy (including leases and concessionary lets) is being coproduced across Council and third sector interests and proposals will come forward to the Communities and Neighbourhoods Committee in November 2015.

Pilot working and meeting arrangements in localities.	from December 2015 onwards	
Establish locality arrangements with partners.	from April 2016	
The Edinburgh Partnership has agreed a Prevention Strategic Plan 2015-18, which references public and third sector action to develop community capacity, encourage resilience and foster active citizenship.	2015-18	The Plan provides the cornerstone for the city's approach to prevention and will be applied across the city's community planning fabric. The Action Plan also includes ambitions to embed prevention into Council Transformation and demonstration of prevention "exemplars".
Support the delivery of Edinburgh Partnership Community Plan outcomes.	31-Mar-2018	Seminar was hosted by Edinburgh Partnership Board on 31 <sup>st</sup> August 2015, to support community planning partners in their performance monitoring. The first 6 <sup>th</sup> monthly "highlight" performance report is scheduled for presentation to the Board on 3 <sup>rd</sup> December 2015, with the annual Performance Report due 16 <sup>th</sup> June 2016.





Examine ways to bring the Council, care home staff and users together into cooperatives to provide the means to make life better for care home users

Lead politician: Ricky Henderson Lead service: Health and Social Care Contact: Monica Boyle

#### Where are we now:

This pledge has been extended to include people who receive support in their own home as well as in care homes. Work is progressing on both creating a co-operative culture in health and social care services and the development of cooperative businesses, owned and run by and for their members whether they are customers, employees or residents.

A range of activity has taken place in care homes for older people to foster and embed a co-operative culture and ethos. Through the "Working Together to Achieve Excellent Care" programme, the project team has worked with residents, relatives, providers and NHS Lothian colleagues, to review care home resident participation strategies; providing meaningful activities for residents in a way that recognises their own life stories and interests and progressing a variety of workforce development initiatives which draw on the expertise to be found in the communities in which care homes are located. This participation tool is now used across the Council's care homes and allows for people's preferences to be included in their support planning.

Our Market Shaping Strategy makes clear our commitment to the development of co-operative and social enterprises and launched an Innovation Fund, worth £400k over 2 years, in October 2013. The Fund invites applications for a contribution of up to £50,000 towards the cost of developing health and social care co-operatives and social enterprises. The Fund will also support initiatives being led by Edinburgh residents seeking to establish co-operatives dedicated to the long term care and support of their severely disabled adult relatives.

The project to establish a service user owned cooperative to manage and deliver services to meet the care and support needs of three families of people with learning disabilities has progressed.

Encompass Cooperative is now a registered company. The families are working well together and there are regular meetings with the families, Health and Social Care, and the Edinburgh Development Group (EDG).

# **Challenges:**

Ensuring that sufficient time, effort and skill can be utilised to support engagement which produces good outcomes for all. Other challenges will be identified as these workstreams progress.

# Where do we want to get to:

Better quality of life for people who live in care homes and people who need support to remain in their own home.

Actions achieved	When
Review of new tool to be undertaken.	30-Sept-2015
All milestones under this pledge are completed.	·



# Promote direct payments in health and social care

Lead politician: Ricky Henderson Lead service: Health and Social Care Contact: Nikki Conway; Wendy Dale

# Where are we now:

The number of people receiving a direct payment in Edinburgh has increased each year from 120 during 2003-04 to 1,009 during 2013-14 and continues to rise. The latest available national data for 2014 showed that Edinburgh ranked fifth highest for the number of recipients (expressed as a rate per 10,000 population); and second highest for spend per head of the population.

In April 2014, new Self Directed Support legislation came into force which increases people's choice and control over their social care supports. Ongoing monitoring of the take up of the different options available to people, of which Direct Payments is one, is in place.

# **Challenges:**

The key challenges to promoting direct payments are listed below:

- The process of receiving a direct payment can be lengthy and complex;
- There is reluctance from some people who are eligible for social care support to use direct payments because
  they are concerned about taking on the responsibility of managing the budget and where they would like a
  Personal Assistant, the responsibility of becoming an employer. Support to people in managing and using their
  direct payment is currently provided at the outset and on an ongoing basis.

# Where do we want to get to:

Increase the number of people who choose to direct their own support, and are assisted in doing so.

Actions in progress	When	Notes
Develop self directed support.	22-Apr-2019	Monitoring of the uptake of the various options chosen by people and the support they arrange, following the implementation of the Self Directed (Scotland) Act, is in place.

Indicator	Sept 15	Target	Status	Latest note
Direct payments	1,021	1,010		The number of people receiving direct payments increased by 21 this month as compared to last month, this is ahead of the target by 11.

# Pledge 39



# Establish a Care Champion to represent carers no change

Lead politician: Ricky Henderson Lead service: Health and Social Care Contact: Monica Boyle

#### Where are we now:

The remit for the role of Carers' Champion was developed and agreed in partnership with carers' organisations in the City and progress reports about carer support services are provided to the Health, Social Care and Housing Committee.

New carer support schemes funded by the Change Fund have been implemented. Additional supports, for example the carers supported hospital discharge service, have also been set up.

Edinburgh's Joint Carers' Strategy has been developed in partnership with key local stakeholders from health, local authority, the voluntary sector and carers. The Strategy outlines local priorities and outcomes for carers in Edinburgh for the next two years to 2017. The aim is that this Strategy will be the main roadmap for support and improved outcomes for both young and adult carers in Edinburgh.

#### **Challenges:**

Ensure that carers are identified, referred, assessed and supported in a way that provides the best outcomes for them and the person they care for.

Ensure that we are able to have the continued resources to provide support to carers and address the priority areas for both adult and young carers.

#### Where do we want to get to:

Carers feel valued and supported to continue in their caring role.

Actions achieved	When	Notes
All milestones under this pledge have been achieved.		

# **Ongoing actions**

Summary of activities May – Sept 15 undertaken by the integrated carers team to raise carer profiles:

# Supports and services:

Implementation of eight new carer support contracts with third sector providers for a range of services including respite; young adult carers (16-25) support; emotional support service; carer training; financial advice and welfare service; personalised support in NW,SE & SW Edinburgh.

Carers Information Strategy 2015/16 has funded:

- Three 3<sup>rd</sup> Sector young carer support services.
- Service Level Agreement with VOCAL Carers benefiting from short –term advocacy, welfare benefits support, training & stress management courses, learning opportunities, information & peer support, complex caring support, counseling, palliative carer support.
- Transition Carer Advocacy Service: A confidential independent service for carers of people in mental health settings who will be returning to Lothian 'out of area' placement.
- BME Carer Support worker: Delivering training/information programmes

Review of Edinburgh Carers Strategic Partnership led to new remit. Membership includes adult and young carers Development through a co-production approach a new Grants Prospectus for carer support.

Carer Awareness Training offered to all NHS Lothian and H&SC front line, acute and community setting staff which has created 65 Carer Champions.

Carer Support Team undertaking a health needs/issues questionnaire identifying carers via GP Carers Register. Evaluation of 2014/15 Carers Support Payment collated and report finalised

Review of Edinburgh Carers Network, the Carers Reference Group and Edinburgh Carers Support Team underway Lanfine Respite Breaks from Caring Fund (pilot) became available.

# **Events:**

- Carers Week (June 2015) stalls in various council and NHS locations promoting carer support services with events across the city hosted by health and third sector organisations.
- Presented a workshop on our Carer's Support Payments to international Federation of Social Work delegates
- Carer Support/Information stands in GP surgeries & Acute Hospitals
- VOCAL: Caring in the City Information fair.
- Attendance at the 6th International Carers Conference 2015, Gothenburg, Sweden

# Pledge 40



# Work with Edinburgh World Heritage Trust and other stakeholders to conserve the city's built heritage

Lead politician: Ian Perry

Lead service: Services for Communities

Contact: David Leslie

#### Where are we now:

The Council, along with Historic Scotland, sponsors Edinburgh World Heritage Trust (EWH).

A World Heritage Site (WHS) Action Plan has been developed and is being implemented. The Royal Mile Action Plan has been approved.

# **Challenges:**

- To engage the residential community and the economic and commercial sectors in raising awareness of World Heritage Issues.
- To sustain funding for EWH and the world heritage site.
- To ensure the appropriate balance between conservation and development.
- To build on the trust developed through the consultation process to achieve buy-in to the Action Plan from the communities and businesses along the length of the Royal Mile.
- To harness funds to deliver the Royal Mile project in phases.

# Where do we want to get to:

That the World Heritage Site is well managed and retains its vitality from a range of activities, which are supported by the economic and commercial sectors and resident communities. The appearance and management of the Royal Mile is transformed as a result of key organisations (including the Council), residents and businesses working together to an agreed plan.

Actions achieved	When	Notes
Forth Bridge Site status bid.	31-Jan-2015	Milestone completed. World Heritage status achieved. Enscribed by World Heritage Committee in July.
Progress delivery of the Royal Mile Action Plan – autumn/ winter 2014-15.	31-Mar-2015	Milestone completed. This includes Castlehill public realm redesign, a successful trade waste pilot project, the creation of a Royal Mile Business Association, and support of a number of local initiatives.
Progress review of Conservation Area Character Appraisals.	31-Mar-2015	Milestone completed. Completion of review of Grange and Queensferry Conservation Area Character Appraisals.

Actions in progress	When	Notes
Continue promoting a partnership approach to conservation.	Ongoing	Actively involved with all key heritage organisations and stakeholders. Developing innovative ways of working with community and University on projects e.g. Conservation Area Character Appraisals and 3D Model.
Promote WHS by incorporating it within new wayfinding system.	31-Mar-2015	Progress stalled due to funding issues. No longer being taken forward through the review of advertising and the street furniture contract. Working group set up to identify potential funding streams.
Continue partnership with EWH and Historic Scotland (HS) through development of SLA.	31-Dec-2015	WH Co-ordinator service level agreement agreed with HS. EWH negotiating funding arrangements for 2016/17 to be secured through SLA.
Review Old and New Town Edinburgh World Heritage Management Plan.	31-Mar-2016	2013-2015 Monitoring Report prepared for December Planning Committee. Review of Management Plan to commence with HS and EWH.
Forth Bridge	31-Mar-2016	Management Plan actions being followed up.

Royal Mile Action Plan.	31-Mar-2016	Draft bye-law to control presentation of goods on pavement to be reported to committee in Dec/Jan.
Progress review of Conservation Area Character Appraisals.	31-Mar-2016	Consultation on Inverleith and Leith CACAs underway. Will be reported to committee in Dec/Feb.



# Take firm action to resolve issues surrounding the Council's property services

Lead politician: Alasdair Rankin Lead service: Corporate Governance Contact: Hugh Dunn

#### Where are we now:

# **Property Conservation**

In July 2014 an end-to-end transformation programme sponsored by the Chief Executive was established to resolve all outstanding complaints in relation to statutory notice work, to recover the sums due to the Council in respect of work and to develop and implement a new Shared Repairs Service. A full review of all work in relation to property conservation can be found in the Finance and Resources report dated 19 March 2015 - <a href="Item 7.24 - Property Conservation - Programme Momentum Review - July 2014 - February 2015 - Reports">Item 7.24 - Property Conservation - Programme Momentum Review - July 2014 - February 2015 - Reports</a>, 521.92 KB

All case reviews have now been completed by Deloitte. This is a significant milestone and fixes the Council's position on these legacy cases in terms of billing, settlements and potential legal action. Billing is now complete with £18m invoices to customers. There remain a few projects where defects work is ongoing.

The Council's current debt recovery policy in respect of statutory notice debt was revised to provide additional payment options to owners, including extended payment terms and the option to have a voluntary inhibition registered against the property. To account for the high value of statutory notice debt, the scope of the existing contract with Morton Fraser has been extended to include all statutory notice debt recovery under the revised debt recovery policy.

Based on the Morton Fraser status report of 24 August 2015 there has been debt settlement by 23% customers and instalment arrangements agreed by 9% customers. This represents an overall total to date of 32%. Following an independent review of complaint cases, a settlement process to resolve the outstanding complaints was designed and implemented. Progress is encouraging with the total number of settlement letters issued 1686 resulting in 1304 individual cases now being closed. Acceptance rates from complainants are 55% and other affected owners are 58%. Settlements to complainants will be concluded by autumn 2015.

Existing customer contact remains high with an average of 900 customer contacts per month. New complaints have decreased to an average of 20 per month while FOI requests remain constant at an average of 22 per month. The blueprint, costed business plan and implementation plan for the new Shared Repairs Service was approved by Council in December 2014, subject to a consideration of the Council's 2015/16 budget in February 2015. Following a decision to reduce the available budget for 2015/16, the Finance and Resources Committee considered a report on the revised implementation plan for the new Shared Repairs Service. On 19 March the Finance and Resources Committee approved a proposal to launch the service on a pilot basis from 1 September 2015, with the full launch scheduled for late March 2016. Full details can be found in the report Item 7.25 - Shared Repairs Service - Revised Implementation Plan – Reports, 161.24 KB. The implementation of the new service has been progressing in line with this recommendation.

#### **Challenges:**

- A number of additional complaint cases have emerged throughout the programme which has been referred to Deloitte for review. These cases number 20 and are scheduled for full review by summer 2015.
- Defect reparation work is required on some statutory notice projects to bring them to completion and allow billing.
   These cases are scheduled for completion by summer 2015, with the exception of 2 projects which will extend towards the close of the calendar year.
- Recruitment and ICT spend have been reduced to fit the new budget allocation. New costed business plan being prepared.

# Where do we want to get to:

- Successful completion of pilot by end of March 2016.
- Launch of full new service on 1 April 2016.
- Complete outstanding defect projects by winter 2015/16.

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Actions achieved	When	Notes
New Service Pilot implementation.	01-Sept-2015	Milestone completed. Pilot service launched on 1 September 2015
Invoicing for unbilled cases is in progress.	31-Sept-2015	Milestone completed.

Actions in progress	When	Notes
A settlement process with complainants and all other affected owners is ongoing.	Autumn 2015	Settlements have been issued to half of all complainants with an acceptance rate of 55%.
New Service implementation workstreams are ongoing including recruitment, procurement and ICT.	During pilot process	A reduced budget was approved. New costed business plan being prepared to take account of the new budget allocation.



# Continue to support and invest in our sporting infrastructure

Lead politician: Richard Lewis Lead service: Culture and Sport Contact: Lynne Halfpenny

#### Where are we now:

All of the city's Victorian swimming pools have been refurbished over the last few years, and a major refurbishment of the Royal Commonwealth Pool was completed in early 2012. In April 2012 the Culture and Leisure Committee identified areas within the city to receive investment in pitches and pavilions. At its meeting on 28 May 2013, the Culture and Sport Committee approved £1.215m towards a cycling hub in Hunter's Hall Park. Following a public consultation, the Culture and Sport Committee in December 2014 approved the initiation of a tender process to begin construction of the cycling hub. At its meeting in February 2014, the Council allocated up to £200k for feasibility work into the future of Meadowbank. The feasibility study was reported to the Corporate Policy and Strategy Committee in January 2015 and referenced in the Council's budget meeting in February 2015. A total of £600k revenue was recently invested to improve facilities for pitch sports.

#### **Challenges:**

Significant levels of funding will be required to address the remaining infrastructure priorities, which include Meadowbank Sport Centre and cycling facilities.

# Where do we want to get to:

The refreshed Physical Activity and Sport Strategy identifies priorities for the next five years, including infrastructure improvements.

Actions in progress	When	Notes
Coaching Edinburgh Scholarships and Workshops.	Ongoing	On 20 October 2015, Culture & Sport Committee noted the annual report on Sports Grants and Coach Education delivered through the Coaching Edinburgh programme. A Partnership Agreement with sportscotland confirms the priorities and national funding investment from 2015-2019 for coach and volunteer development. Coaching Edinburgh provides Continuing Professional Development courses and coach education support to people coaching in Edinburgh. In 2014/15, 78 members received discounted workshop spaces and scholarship funding; almost 200 coaches attended workshops, and 90 people training in 16 sports received scholarship payments.
Meadowbank feasibility study.	31-Dec-2015	On 13 February 2014, Council agreed at its Budget meeting to earmark up to £200k to fund feasibility work into the future of Meadowbank Sports Centre and Stadium. This Study was presented to the Corporate Policy and Strategy Committee in January 2015. On 12 February 2015, Council agreed at its Budget meeting to support the redevelopment of Meadowbank Sports Centre by seeking to secure a funding package making the best use of public and private sector support. An update report was presented to the Corporate Policy and Strategy Committee on 29 September and the next stage in developing a new Meadowbank was approved. Update on Proposal for a New Meadowbank
Build National Performance Centre for Sport.	31-Dec-2016	The Council and its partner Heriot-Watt University have each committed £2.5m capital towards the cost of constructing a National Performance Centre for Sport at Riccarton. The Council is working in partnership with Heriot-Watt University to deliver the new Centre on time and on budget. Construction is underway with the centre scheduled to open in autumn 2016.

New cycling facilities at Hunters Hall Park.	31-Dec-2017	Initial consultation and an options appraisal have been
		completed, and were reported to the Culture and Sport
		Committee on 27 May 2014. Engagement work with
		the local community takes place between April and
		June 2014. On 16 December 2014, the Culture and
		Sport Committee noted that feasibility work will be
		carried out to progress Option 4 and approved the
		procurement of consultants to develop the project to
		RIBA Stage C (pre build phase). At its meeting on 13
		May 2015, the Finance and Resources Committee
		approved the award of the contract for the multi-
		discipline design team to develop the cycling hub
		designs to RIBA Stage C to Faithful & Gould, for the
		sum of £136,500. An update report was presented to
		Culture and Sport Committee on 18 August 2015.
		Update on Cycling Hub and Closed Road Loop
A Sport and Physical Activity Legacy for	31-Dec-2019	The Council had previously identified opportunities
Edinburgh.		presented by the London 2012 Olympic Games and the
		Glasgow 2014 Commonwealth Games to create a
		lasting legacy of participation in sport and physical
		activity. As a result, diverse and wide-ranging
		programmes have been implemented in the city which
		form part of the city's ongoing Legacy Plan, as reported
		to the Culture and Sport Committee on 19 August
		2014.
		Legacy and Community Sports Hubs Update



# Invest in healthy living and fitness advice for those most in need

**Lead politician**: Richard Lewis **Lead service**: Culture and Sport **Contact**: Lynne Halfpenny

#### Where are we now:

In its February 2012 budget, the Council provided Edinburgh Leisure (EL) with additional funding for financial years 2012/13 to 2014/15 which supported Edinburgh Leisure's existing activities but also funded five specific projects for those most in need. Those five projects are: Active Lives, High Flyers, Jump In, Looked After and Active, and Positive Destinations.

Edinburgh Leisure has evaluated all five of these projects for their Social Return on Investment (SROI). The outcomes are described below.

- **1. Active Lives** Physical activity project to encourage adults (45+) living in identified Scottish Index of Multiple Deprivation areas to participate in physical activity. Active Lives returns a social value of £1.62 for every £1 invested (this is a conservative estimate across the broad population group that engages in this service) There are clear evidence and measurable indicators that show the following outcomes have been achieved:
  - Participants report health benefits as a result of being more physically active
  - Participants report feeling less isolated and/or more active within their local community setting
  - Participants report improved ability to manage health / lifestyle (and the positive spin-offs including diet, alcohol consumption, active living choices etc.)

Active Lives has been awarded £70,000 from the Legacy 2014 Physical Activities Fund to extend and enhance the programme, which is currently running until January 2016 .The proposal enables the project to extend until the end of September 2016 targeting an additional 533 inactive individuals.

# During the period April 2015 - September 2015:

- Active Lives was delivered in 7 venues in Scottish Index of Multiple Deprivation areas: Ainslie Park Leisure
  Centre; Drumbrae Leisure Centre; Jack Kane Sports Centre; Gracemount Leisure Centre; Leith Victoria Leisure
  Centre; Meadowbank Sports Centre; and City of Edinburgh Council's Wester Hailes Education Centre.
- Active Lives received 211 new referrals (April 2015-September 2015).
- Active Lives is working directly with communities in deprived areas to pilot a range of gentler activities like walking groups, walking football and low level circuit classes to encourage inactive people into activity.
- **2. High Flyers** Multi sports programme targeting children and young people with disabilities High Flyers returns a social value of £5.17 for every £1 invested. This is a conservative estimate, and future evaluation work will refine the identified outcomes. High Flyers programme has:
  - enabled more children and young people with additional support need to access sports opportunities in their local area.
  - supported participants' skill acquisition and physical literacy, which makes a positive difference in their daily life.
  - given parents and carers a support network to share information and concerns.

Funding for High Flyers comes to an end on 31<sup>st</sup> October 2015. Work is progressing with partners and potential funders to secure further investment to sustain this vital project.

# During the period April 2015 – September 2015:

- 65 children and young people with additional support needs engaged in weekly High Flyers sessions in Tennis, Gymnastics and Boccia.
- 23 children and young people in 2 Additional Support Needs (ASN) schools, Pilrig Park and Kaimes have participated in multi-sport sessions, held within curriculum time.
- 7 young people regularly participating in disability sport events (e.g. Lothian Boccia Competition).
- **3. Jump In** Nursery and disability learn to swim programme for children within SIMD areas Jump In returns a social value of £5.65 for every £1 invested. This is a conservative estimate, and future evaluation work will refine the identified outcomes. The Jump In programme has:
  - improved participants' skill acquisition and physical literacy; all parents felt their children's swimming ability had improved following the 8 week block of lessons.
  - supported parents/ carers to get their children to take part in an active lifestyle; 69% noted they took part in more swimming and most noted an increase in an active lifestyle.
  - addressed many of the barriers to swimming for parents and their children, particularly the cost and managing more than one child.

Funding for Jump In comes to an end on 31<sup>st</sup> October 2015. Edinburgh Leisure are currently creating a case for support for funding the Jump In project for 3 years and researching potential trust funders.

# During the period April 2015 – September 2015:

- 112 children took part in funded swim lessons.
- There were 896 visits to the Jump In programme, at Royal Commonwealth Pool, Gracemount Leisure Centre, Ainslie Park Leisure Centre, Leith Victoria Swim Centre, Dalry Swim Centre and Drumbrae Leisure Centre.
- In addition to the 8-week block of swim lessons, children receive a 'Jump In Get Active Card' which entitles participants to two further blocks of lessons at a discounted rate. 72 children continued their swim lessons through the concessionary pricing programme during this period.
- **4. Looked After & Active** Physical Activity programme for Looked After and Accommodated children & young people. Looked After & Active returns a social value of £9.41 for every £1 invested. This value is based on young people reporting
  - increased physical activity levels
  - an improved skill/ability level
  - increased self-confidence
  - making informed 'healthier' choices
  - 'Feel Good Buzz' / 'head space' (their words to describe 'coping' / taking time out / being ok with self)

# And on carers reporting

- increased physical activity levels,
- improved relationship with young person, and
- improved health & wellbeing for themselves.

Funding for Looked After and Active has been extended to June 2016. An application for £214,895 over 3 years has been made to the Big Lottery's Investing in Communities Fund – Supporting 21<sup>st</sup> Century Life. At the time of writing , the outcome is awaited.

#### During the period April 2015 – September 2015:

- Looked After & Active attracted 3,744 visits to Edinburgh Leisure venues by children and young people.
- 2,480 visits by carers using the programme.
- 15 children of primary school age were able to attend 2 weeks of Activator camps during the summer holidays, fully funded by the project.
- 11 children participated in a term of free swimming lessons at Portobello Swim Centre. 3 of these children have now progressed to mainstream swimming lessons.
- Physical activity and healthy lifestyle continuous professional development for Foster Carers and Residential Unit staff delivered.
- **5. Positive Destinations** Development programme for young people (not in employment, education or training) to improve self awareness, confidence and ultimately life choices.

Positive Destinations returns a social value of £8.10 for every £1 invested. Value is based on the following outcomes for the young people:

- Individuals have the skills, knowledge and attitude to gain voluntary or employed position and/or further training/education.
- Individuals have the personal and social confidence to pursue and secure volunteering, training, education and/or employment within their chosen field.
- Individuals have achievable goals and available opportunities which they actively seek to secure, and when faced with disappointing outcomes, continue to pursue.

Funding for Positive Destinations has been extended to June 2016. Edinburgh Leisure are currently seeking 3 years funding for Positive Destinations (PD). To date funding of £3,000 from The Souter Charitable Trust has been secured, and the outcomes of six other bids are awaited. Ongoing approaches are being made.

### During the period April 2015 – September 2015:

- 146 Young Peoples engaged in Positive Destinations
- 61 Young People gained sports qualification/certification in last 6 months
- 26 Work Based placements have been established in last 6 months

# **Challenges:**

- An ageing population
- An upward trend in obesity, chronic health conditions and mental health conditions
- Large percentage of population not meeting current physical activity guidelines
- People from deprived backgrounds, ethnic minorities and people with a disability are much less likely to participate
- Girls are less likely to participate than boys
- Finding ways to work in partnership with other publicly owned leisure providers

# Where do we want to get to:

Promote and develop opportunities to increase participation in sport and physical activity by implementing the five new programmes above, targeting non-users and encouraging existing users to diversify their interests.

Increase participation amongst children and young people through targeted intervention programmes offered by Edinburgh Leisure (eg Open All Hours, Looked After & Actives, Health 4 U).

Increase participation amongst older adults through targeted intervention programmes (eg Ageing Well, Active Lives and Steady Steps).

Increase participation amongst inactive adult populations through targeted interventions, such as community access cards and specific funded venue programmes (eg First Steps, Community Access Programme).

Drive the development of a broad range of sport and physical activity products and services which encourage the inactive to get active, such as development of beginners classes, gentle exercise, one to one sessions and buddy programmes.

Design and implement affordable initiatives to engage those who are least likely to take part in sport and physical activity, for example, the top-up activity card. Work with neighbourhood partnerships and community partners to respond to local priorities and address the needs of excluded groups through EL's services.

Actions achieved	When	Notes
Monitor progress on free swimming.	30-Sept-2015	Milestone completed.
		On 20 October 2015, Culture and Sport Committee
		noted that the £125,000 of allocated funds was
		expended in the delivery of a mixed programme of
		swimming initiatives, and that Edinburgh Leisure
		contributed a further £10,000 to extend the free
		swimming programme to include Easter 2015. An
		independent evaluation of the initiatives concluded
		that the free swimming programme was unsuccessful
		in encouraging sustained participation, and
		recommended that the Top Up programme should be
		the first priority should further funding be available.

Actions in progress	When	Notes
Continuous monitoring and evaluation of its services by EL.	31-Mar-2016	The Edinburgh Leisure annual performance report presented to the Culture and Sport Committee on 19 August 2014 noted a strong performance. The annual report presented to the Culture and Sport Committee on 20 October 2015 noted Edinburgh Leisure's ongoing achievements, and included an appendix providing more detail on all of its social and physical activity development programmes.
Exploring ongoing funding opportunities.	31-Mar-2016	Joint work between Edinburgh Leisure and the Council – ongoing. External funding opportunities for Edinburgh Leisure's targeted activity programmes are constantly being explored.  In 2014/15 Edinburgh Leisure secured a total of £1.2m of external funding to deliver a broad range of health and inclusion programmes.

Maniton and succession Value of Malling	21 Mar 2016	The Culture and Coart comice is weating with north an
Monitor progress on Year of Walking.	31-Mar-2016	The Culture and Sport service is working with partners,
		including NHS Lothian, Paths for All, Ramblers Scotland
		and the Health Inequalities Standing Group, to develop
		walking initiatives across the city. The pan-Lothian
		Walk Leader training programme, funded by Paths for
		All, and administered by the Culture and Sport service,
		has provided a range of training this year including,
		first aid, safety outdoors and disability awareness.
		A recent initiative with Ramblers Scotland, aimed at
		independent walkers, has provided maps of 30 walking
		routes (online and in leaflet form) from ten local
		libraries across the city. A community-led engagement
		saw the development of two grant schemes to initiate
		development of local community walking maps,
		prepared by local people to highlight points of interest
		in their areas, and also a fund to secure funds for the
		purchase of pedometers to increase walking, aimed at
		the inactive. Progress continues on with the addition
		of a further ten libraries and the mapping of 30 routes.
Review of Council-owned sport facilities	31-Mar-2016	On 5 June 2014, Finance and Resources Committee
and services.		approved the appointment of Max (Solutions)
		Associates Ltd to review all Council-owned sports
		facilities and services (subject to agreement between
		the Council and the Contractor on the final terms of the
		contract). The findings were presented to the
		Corporate Policy and Strategy Committee on 29
		September 2015.
		Citywide Review of Council-owned Sports Facilities and
		Services