



Scottish First Aid  
Association

# EMERGENCY FIRST AID AT WORK

## Adults and Children

**There are places available on our Emergency First Aid at Work: Adults and Children Course on Wednesday 1st July from 8.45am—4.45pm.**



### COURSE DESCRIPTION:

This course is suitable for individuals from various occupational sectors who wish to attain a First Aid Certificate which is valid for 3 years and meets the requirements of the Health & Safety (First Aid) Regulations 1981. The course includes assessment of participants ability to implement skills gained and covers the following:

- **Aims of First Aid**
- **Dealing with an emergency**
- **Cardio pulmonary resuscitation (adult, child, baby)**
- **Choking (adult, child, baby)**
- **Dealing with an unconscious patient (including recovery position, seizures and febrile convulsions)**
- **Dealing with head injuries**
- **Bleeding / shock**
- **Treatment of minor injuries**
- **Burns and scalds**
- **Recording incidents**

Excellent service and very friendly, relaxed, enjoyable and informative course.

The course was brilliant, really enjoyed it and very helpful.

The course will be delivered from North Edinburgh Childcare's Training Suite at 18B Ferry Road Avenue, Edinburgh, EH4 4BL. Course costs are set at £65.00 per session and include a Paediatric First Aid Made Easy Manual and lunch. You may be eligible to get up to £200 towards the cost of your learning or training with an SDS Individual Learning Account. Visit [myworldofwork.co.uk](http://myworldofwork.co.uk) or call 0800 917 8000 to check your eligibility and to request your application pack.

To book a place or for more information please contact **Audrey O'Neill on 0131 311 6931** or email [Audrey.oneill@northedinburghchildcare.co.uk](mailto:Audrey.oneill@northedinburghchildcare.co.uk)

Please visit our website at [www.northedinburghchildcare.co.uk](http://www.northedinburghchildcare.co.uk) or like us on Facebook for further information about other short courses we are delivering.

