

Working It Out - North Edinburgh

Working it Out is a **16 week** employability and personal development course that runs **Mon-Fri from 9.30am – 1.30pm**, for anyone aged **16 – 24 years** who is unemployed, not in training or education.

Every course is made up of 14 young people, with the majority of the programme spent working on community challenges.

These challenges help build a young person's employability skills, experience, team-work skills and self-esteem.

The challenges benefit the local community and give the opportunity for young people to be seen doing something positive in their local community.

Most recent challenges have included;

- Painting the offices of the MS Therapy Centre, Leith
- Building and maintaining Pilton Community Garden,
- Applying anti-climb paint to roofs of Pilton Equalities Project, Pilton
- Conservation work at Hopetoun House and South Queensferry
- Painting the sports area at Drylaw Neighbourhood Centre
- Assisting in the building and maintaining of Cyclone Gipsy Brae Trails Mountain Bike Track
- Landscaping and planting trees as part of the North Edinburgh Grows project
- Painting the visitors centre at Glenkinchie Whiskey Distillery, East Lothian





We also work in partnership with some organisations to provide work placements which include:

- Working in the Warehouse at APS Printers, Leith
- Landscape gardening with Acorn Contractors, Edinburgh
- On the job experience at Angela Rae Hairdressing, Royston
- On the job experience at Jage Hair, Drylaw
- Customer service and kitchen experience at North Edinburgh Arts Community Café
- Maintenance / Handyman experience at North Edinburgh Arts Centre
- Customer service / community sports work at Spartan's Football Club



All young people attending have the opportunity to gain some valuable training too, this includes:

- Certificate in Social Networks Training delivered by the Rock Trust
- Certificate in Good Food Good Health Cooking accredited by the Royal Environmental Health Institute Scotland
- Opportunity to participate in a closed-group, 9 week literacy programme delivered by CLD through Edinburgh Council
- Heart Start Certificate in Emergency Life Support
- Certificate upon completion of the Working It Out Course that recognises over 300 hours of volunteering

1st Floor, Minster House, York Road, Eastbourne, East Sussex BN21 4ST.



For their attendance on the course, young people are provided with a **free Ridacard** and expenses for costs such as lunch, phone calls and texts messages regarding the course. A participant will receive a maximum of **£40 per week** to cover these costs. This is dependent on attendance.

These expenses do not impact a young person's benefits.

We provide 1 to 1 support and 12 months of Aftercare for each person after they leave the programme (although we often keep in contact with the young people beyond 12 months), this ensures they keep a strong network of support after the course finishes.

Working It Out provides young people with a positive, daily routine of developing skills, getting support with applications and volunteering in the local community. Although the course is mostly practical work (which suits our client-base), groups will also take part in sessions on CV building, Drug and Alcohol awareness, Sexual Health and Job Applications. By the conclusion of the 16 week programme, we aim to move on all of our participants in to employment, education or training.

Referring a young person

We take referrals any time from any agency, or young people can refer themselves on to our programme. Please e-mail wio.edinburgh@tomorrows-people.co.uk and we will send you a referral form that you can return via e-mail or by post.

Come in and see us at our base in North Edinburgh Arts Centre – or give us a call or text on 07980669019.

Working It Out also runs in the Craigmilar / Niddrie area – depending on a young person's address, we might suggest they join that programme.

If you wish to speak to or meet with a member of staff to discuss the programme, we would be more than happy to speak with you, contact Heather or Jamie on 07980669019 after 1.30pm (or leave a message).

Dates for upcoming programmes are:

3rd November 2014 – 6th March 2015 16th March 2015 – 3rd July 2015 13th July 2015 – 30th October 2015 9th November 2015 – 11th March 2016