

THE UNIVERSITY of EDINBURGH Edinburgh College of Art

open space

habitats *for* happy ageing

Friday 20th March 2015

Is there such a thing as a habitat for happy ageing? How does where we live affect our mood? Why is it so important to get outdoors in later life?

2.30pm – 4.00pm Reid Concert Hall Bristo Square Edinburgh EH8 9AG

To book your FREE place: Phone **0131 651 5834** or email **OPENspace@ed.ac.uk**

Come along to our FREE event on the UN International Day of Happiness to hear from experts in happiness and place, take a mood test, browse photos of people's 'happy places' and see how Edinburgh has changed over time.

#happyplacesUN

This event is brought to you by the OPENspace research centre at the University of Edinburgh, with the support of Age Scotland, Architecture and Design Scotland (A+DS) and the City of Edinburgh Council through A City for All Ages.