



THE UNIVERSITY of EDINBURGH
Edinburgh College of Art

open
space

habitats for happy ageing

Friday 20th March 2015

2.30pm – 4.00pm

Reid Concert Hall

Bristo Square

Edinburgh

EH8 9AG

To book your FREE place:

Phone **0131 651 5834** or email

OPENspace@ed.ac.uk

Is there such a thing as a habitat for happy ageing? How does where we live affect our mood? Why is it so important to get outdoors in later life?

Come along to our FREE event on the *UN International Day of Happiness* to hear from experts in happiness and place, take a mood test, browse photos of people's 'happy places' and see how Edinburgh has changed over time.

#happyplacesUN