**NEW**

**TAI CHI CLASSES**

[](http://www.google.com/imgres?imgurl=http://www.parcoaironi.it/wp-content/uploads/2014/01/Tai-chi-chuan-logo.jpg&imgrefurl=http://www.parcoaironi.it/corsi-di-tai-chi/&h=332&w=380&tbnid=WRhqFL4i_CpwBM:&zoom=1&q=tai+chi+pictures&docid=t3dcDdQss56NyM&ei=knfHVIfnC4H0UqKDgrgB&tbm=isch&ved=0CE0QMyglMCU)

New gentle exercise class for adults of all ages

Qualified instructor

Every Friday 11am – 12noon

Cost: £2.00

Royston Wardieburn Community Centre

11 Pilton Drive North

Edinburgh EH5 1NF

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