

Teen Triple P



This practical parenting programme can help parents cope positively with some of the common issues associated with raising a teenager. Sessions allow parents to explore ways they can build a stronger relationship with their teenager, reduce conflict, manage problem behaviours and help their teen stay safe.

Teen Triple P groups run throughout Edinburgh and are suitable for parents, step parents and carers of teenagers aged 11-16 years

**The next group for Kinship Carers in Edinburgh will run February/ March 2015
Venue, date and time to be confirmed**

For more information contact the Kinship Support Team on 0131 529 2588 or email kinshipsupport@edinburgh.gov.uk

To apply for a place email supportingparentsandcarers@edinburgh.gov.uk

Teen Triple P



This practical parenting programme can help parents cope positively with some of the common issues associated with raising a teenager. Sessions allow parents to explore ways they can build a stronger relationship with their teenager, reduce conflict, manage problem behaviours and help their teen stay safe.

Teen Triple P groups run throughout Edinburgh and are suitable for parents, step parents and carers of teenagers aged 11-16 years

**The next group for Kinship Carers in Edinburgh will run February/ March 2015
Venue, date and time to be confirmed**

For more information contact the Kinship Support Team on 0131 529 2588 or email kinshipsupport@edinburgh.gov.uk

To apply for a place email supportingparentsandcarers@edinburgh.gov.uk