

**Edinburgh's Playday**  
**The City Chambers Quadrangle & High Street**  
**Wednesday 31st July, 2013**  
**12.30—4.00pm**

**This year Edinburgh's Playday takes place right in the heart of the city in the City Chambers Quadrangle and High Street on the Royal Mile. The street will be transformed with a festival of play on offer for children and their families. Come along and try out some old and new ways to play together!**



**Come along and try:**

- **Giant Sand Pit**
  - **Water Play**
  - **Mud Kitchen**
  - **Magic Potions**
  - **Cardboard City**
  - **Play in a Box**
  - **Yarn Bombing**
  - **Parachute Games**
  - **Play for Babies**
  - **Giant Games**
- and much more!**

Please note that access is free but children should be accompanied by an adult.  
For more information contact [cf.play@edinburgh.gov.uk](mailto:cf.play@edinburgh.gov.uk)



Play can be lively or relaxed, noisy or quiet, indoors or outdoors, solitary or with friends, light hearted or very, very serious!

Visit [www.edinburgh.gov.uk/play](http://www.edinburgh.gov.uk/play)

**Make time for Play!**

## What is Edinburgh's Playday?

Edinburgh's Playday is a festival of play for parents and children. It gives adults ideas on a big scale of things they can do with their children at home on a smaller scale.

## Why Play?

Children need freedom to play to practise skills, explore the world around them and develop understanding in their own way and in their own time. Real play comes from children's need to express themselves, to explore, learn about and make sense of their world.

Play is a vital part of the way babies and children grow and learn. The time you have fun together brings you closer, makes your child feel loved and secure, and helps them develop self esteem and social skills.

Play is learning for life, but most of all play is FUN—for you and your child!