

Saturday 18th & Sunday 19th June 2016

PROGRAMME

Join in the celebration of community food growing!

Come and discover community gardens all across Edinburgh.

Let the gardeners tell you their stories, take part in fun - and sometimes educational - activities, and let yourself be inspired by the Power of Food.









Email: poweroffoodfestival@outlook.com https://poweroffoodfestival.wordpress.com

The Festival at a Glance

2 days 16 community gardens Hundreds of volunteers 2 guided cycle tours

Facebook: The Power of Food Festival

Twitter: @PoFFest #PoFF16

Saturday

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Grove Community Garden (Fountainbridge)	10.00 - 13.00
Donkeyfield Community Orchard (Portobello)	10.00 - 13.00
Granton Library Garden	10.00 - 14.00
Milton Road Community Garden (Portobello)	11.00 - 16.00
Gracemount Walled Garden	12.00 - 15.00
Granton Community Orchard & Gardeners	12.00 - 17.00
Calders Green Shoots (Wester Hailes)	13.00 - 15.00
Edible Gardening at the Botanics	13.00 - 16.00
Fresh Start Food Station (Polwarth)	13.00 - 16.00
Newhaven Heritage Community Garden	14.00 - 16.00
Friends of Starbank Park	14.00 - 17.00
Royal Edinburgh Community Garden (Morningside)	14.00 - 18.00
Sunday	
Craigie's Education & Environment Project	10.30 - 15.00
New Caledonian Woodlands (Inverleith Park)	12.00 - 15.00
Granton Community Orchard Garden	12.00 - 17.00
Redhall Walled Garden (Kings Knowe)	12.30 - 15.30
Bridgend Farmhouse (Craigmillar)	11.00 - 18.00



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SATURDAY

Grove Community Garden

10.00 - 13.00

At the corner of Viewforth and Dundee streets EH11 1AL

The Grove volunteers will be taking visitors on garden tours and there will be activities for children - your offspring will among others have a chance to learn how to make seed bombs.

Bus: 1, 34, 35 / Bicycle: Union Canal cycle path & space for locking bikes



Granton Library Garden

10.00 - 14.00

29 Wardieburn Terrace EH5 1DD

Visit and enjoy this delightful library story garden opened in 2015, looked after by our little Garden Buddies and Friends of Granton Library and Garden. Lots to do, including a Food Themed Poetry Workshop 10.30-11.15 with Emma Speedy and mini beast crafts and making edible garden treats workshop 11.30 -12.15.

NB: Contact the Library to book for the poetry workshop on 0131 529 5630, best for ages 7-11 years.

Bus: 14, 8,19 / Bicycle: Roseburn & Teleford cycle paths & space for locking bikes / Car: car parking Fully accessible / Toilets





Donkeyfield Community Orchard

10.00 - 13.00

Brunstane Road South EH15 2RD

Come and meet members of PEDAL -Portobello Transition Town - and discover the incredible variety of fruiting trees Donkeyfield volunteers have planted over the years. Refreshments and some snacks will be offered and some activities may be confirmed closer to the date.

Bus: 44 / Bicycle: Innocent Railway cycle path & space for locking bikes / Car: car parking



Facebook: The Power of Food Festival

Twitter: @PoFFest #PoFF16

Milton Road Community Garden

11.00 - 16.00

24 Milton Road East EH15 2PP

The Milton Rd Gardeners will be hosting three one-hour activities: at 11.00 there will be a gardening workshop on "companion planting", at 14.00 children will have enjoy some storytelling and to play a game about fruits and veg, and at 15.00 an expert will explain how Alexander Technique can help you while gardening. Join in for any or all of these activities, or just to discover one more amazing garden. Finally, from noon everyone will be welcome to join in for a shared picnic with possibility to grill (weather dependant).

Bus: 44, 113 / Bicycle: Innocent Railway cycle path & space for locking bikes / Car: car parking Fully accessible / Toilets

Gracemount Walled Garden

12.00 - 15.00

47 Gracemount House Drive EH16 6FD

The Gracemount folks have teamed up with local partners to provide incredible entertainment to visitors. Edinburgh Food Social will be demonstrating how to cook on a fire. Transition Edinburgh South, will be offering plenty of garden activities such as a scavenger hunt, composting, a plant identifying challenge, willow weaving, and a veg vs. zombie game - to name only a few. The Edinburgh library service will be contributing some storytelling for children. The Gracemount Community Project will showcase a local history display in the Mansion House. Finally - for now - FoodSharing Edinburgh will have some delicious reclaimed food on offer.

Bus: 7, 11, 31 / Car: car parking Fully accessible / Toilets



Granton Community Orchard & Gardeners

12.00 - 17.00

Next to 48 Granton Crescent EH5 1EL

This brand new community orchard has a lot to offer at PoFF 2016! For children there will be face painting, balloon flower making, a microscope & ant farm, a solar kit demo that can be made into several things, a salt water engine car, and perhaps more! Grownups will also have their fair share of learning and entertainment. For the green hands, you'll have a chance to learn how to make bug hotels from recycled items. and how to plant seeds. For the 'sportsies', or the gourmets, Love Food Hate Waste will be bringing their bicyclepowered smoothie blender, yum! Everyone will also be invited to go on tours of the other Orchard Plots and the Gardeners Plots nearby to hear the story of the Granton Community Gardeners. Finally, No Strings Attached, a community wind band, will be performing - time tbc.

Cold and hot drinks will be available and there will be food for Veggies and Omnivores. The neighbouring Community Hall will also be accessible in case of rain.

Bus: 19 / Bicycle: Roseburn & Teleford cycle paths &space for locking bikes / Toilets (incl. accessible toilet)

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Calders Green Shoots

13.00 - 15.00

1 Calder Park EH11 4NF

At Calders, the focus will be on bugs and worms. Come learn about wildlife friendly planting and take part in a fun bug hunt with Louisa Evans - time tbc. In addition, the Calders have new plots for which they would love to get your ideas.

Bus: 25, 34 / Car: car parking



Fresh Start Food Station

13.00 - 16.00

1 Harrison Place EH11 1SF

The Food Station has lots on offer for children: garden games, a garden based quiz, face painting, and a workshop on recycled plant pots and seed sowing. For all ages, the formidable Anansi Dance Group will be performing some African dance and drums. Refreshments and a veggie barbecue will also be offered.

Bus: 4, 34, 35, 44(A) to Slateford Rd; or 10, 27 to Polwarth Terrace; or 38 to Ashley Terrace / Bicycle: space for locking bikes Fully accessible / Toilets



Edible Gardening at the Botanics

13.00 - 16.00

Arboretum Place (West Gate) EH3 5LR

Join the Edible Gardening Project as we celebrate Edinburgh's community food gardens with the city wide Power of Food Festival. Meet the volunteers and groups who help look after the demonstration garden at the Botanics, get gardening advice and tips, take part in fun activities for families and try seasonal garden tasters with the Leith Food Assembly (while stocks last).

Bus: 8, 23, 27 / Bicycle: space for locking bikes / Car: car parking Fully accessible / Toilets



Led cycle rides with Sustrans

North Edinburgh tour

Starts at 10.30 at Haymarket, ends at 14.00 at the Royal Botanic Gdns.

Central & South Edinburgh tour

Starts at 12.00 at Fountain Park, ends at 15.00 at the Royal Edinburgh Community Gdn.

!! The led rides are free but places are limited - registration required at

http://www.sustrans.org.uk/events/power-food-festival-led-rides-edinburgh

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Newhaven Heritage Community Garden

14.00 - 16.00

Newhaven Main Street EH6 4LP

The Newhaven gardeners will be offering visitors some delicious home-made strawberry wine. If that's not enough reason to drop by, there will also be some music by the Newhaven Choir, a Rowrs festival, a demonstration on how to make stepping stones using big leaves, and a strawberry path to the neighbours gardeners at Starbank Park.

Bus: 7, 11, 16 / Bicycle: space for locking bikes / Car: car parking Fully accessible



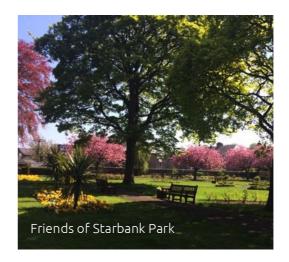
Royal Edinburgh Community Garden

14.00 - 18.00

The Growing Space, Royal Edinburgh Hospital, Morningside Terrace EH10 5HF

Come discover this beautiful new garden within the hospital grounds. There will be activities for kids, drop-in craft activities, and structured workshops - details tbc. And a community choir will be performing some music. Refreshments will be offered, including some apple juice from the hospital's own orchard; and there will be stalls with plenty of information about vegetables, plants, Breadshare, the RSPB, and about the Cyrenians incl. volunteering opportunities.

Bus: 8, 23, 27 / Bicycle: space for locking bikes / Car: car parking Fully accessible / Toilets



Friends of Starbank Park

14.00 - 17.00

17 Laverockbank Road EH5 3BX

Starbank Park will have activities on offer to content all ages. For children, there will be face painting throughout the afternoon and an "Edible Food hunt" at 16.30. All generations will be welcome to enjoy a brass band gig at 14.00, learn about the 125 years of history of Starbank Park at 14.30, do some seed planting at 15.00, be taken on garden tours at 15.30, and hear all about bees at 16.00. Finally, there will be crafts and cards stalls, and the Friends will provide some refreshments and home baking - all welcome to bring a picnic as well.

Bus: 8, 23, 27 / Bicycle: space for locking bikes / Car: car parking Fully accessible / Toilets



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SUNDAY

Craigie's Education & Environment Project

10.30 - 15.00

West Craigie Farm Road EH30 9AR

Craigie's will be welcoming guests to join in on garden tours around their fruit tree orchards, polytunel, vegetable allotments and raised beds. They will also be offering cooking classes, workshops and folk music. Visitors will also have access to the farm, including all the animals and to the cafe and shop. Craigie will be giving us all a good reason to get up on Sunday morning, for a fun willow weaving workshop and a fascinating talk about beekeeping. Over lunch time. visitors and Friends of Craigie's will make and enjoy soup together. At 14.00, the local choir Ferry Blend will be performing. Finally, as a bonus, there a photographic exhibition will be on all

Bus: 40, 40A / Bicycle: space for locking bikes / Car: car parking Fully accessible / Toilets





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New Caledonian Woodlands

12.00 - 15.00

The Pavilion, Inverleith Park EH3 5NY

Join in for activities and demonstrations that promote the use of local materials when creating sustainable produce. Demonstrations will include green woodworking and pole lathe turning; and the activities will be: willow weaving, children's arts and crafts, children's treasure hunt. To top up the learning with more fun and deliciousness, there will be live music and hot drinks, Fruitful Woods apple juice, freshly made scones, cakes and bannocks!

Bus: 8, 23, 27 / Bicycle: space for locking bikes / Car: car parking Fully accessible / Toilets

Redhall Walled Garden

12.30 - 15.30

97 Lanark Road EH14 2LZ

Redhall will be the perfect place to go for all those who would like to learn more about growing food easily and cheaply at home. The volunteers will be showing how cheaply one can grow food using recycled materials and home-made compost. Plenty of hints and tips, not to be missed!

Bus: 8, 23, 27 / Bicycle: space for locking bikes / Car: car parking Fully accessible / Toilets

Granton Community Orchard Garden

12.00 - 17.00

48 - 50 Granton Crescent EH5

All the children's and gardening activities hosted by Granton Orchard on Saturday, as well as the tours, will also be taking place on Sunday (see the Saturday entry for details). Again, cold and hot drinks will be available and there will be food for Veggies and Omnivores. The neighbouring Community Hall will also be accessible in case of rain. Exclusive on Sunday: a "Bug Explorer Adventure" with Ashley Buchan from Edinburgh Uni, time

Bus: 19 / Bicycle: space for locking bikes Toilets (incl. accessible toilet)



Our Free Festival Policy

All **food and drinks** are offered on a pay-as-you-feel basis.

All **activities** are entirely free to take part in, but donations are welcome. Note that some activities may require signing up, see gardens' entries for details.



Bridgend Farmhouse

14.00 - 18.00

41 Old Dalkeith Rd

Come explore the environment and the habitats in and around the farmhouse gardens and extending up into Craigmillar Castle park, with walks, bug hunting, learning about bees and butterflies, planting a wild seed corridor, identifying birds and plants, and creating habitats to support them. There will be magnifiers, identification sheets and differing workshops - all suitable for all ages. Do not miss the Bioblitz run by the RSPB - times tbc. The Bridgend volunteers are also keen to gather views and ideas for the future of the garden. Visitors are welcome to bring a picnic, and cold and hot drinks will be on offer.

Bus: 8, 23, 27 / Bicycle: space for locking bikes / Car: car parking Fully accessible / Toilets

Disclaimer

This is version 1.0 (valid as of 25th May 2016).

This programme is open to modifications, please make sure you have downloaded the latest version from our website.

THANK YOU

To all the wonderful volunteers and members of the 16 community gardens who committed to take part in PoFF 2016!

To all the passionate, knowledgeable, and generous people who will be running some activity at any of the garden!

To all of you for your interest in the Power of Food Festival!

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PARTICIPATING GARDENS

North Edinburgh Arts is a community initiative who created the award winning North Edinburgh Arts garden, which is a community garden space used by all: local residents, groups and garden projects. All hidden away in a sanctuary in the heart of Muirhouse.

The Grove was founded to transform an unused development site into a hub for growing activity, designing mobile pallet beds to allow the garden to be a flexible, reconfigurable space. The Grove's vision



is to grow an active community as well as food. The local community can get involved in regular communal gardening sessions.

Donkeyfield Community Orchard is

Portobello's first orchard, and counts around 90 fruiting trees. This community group is committed to working with local schools, to equip young people with skills, a sense of ownership over the garden, and an appreciation for small scale growing. Beside gardening, the volunteers at Donkeyfield also organise popular social events.

Granton Library Garden was opened in September 2015, as a sunny and inviting extension of the library. Local children, parents and community gardeners have worked together to decorate the outdoor space with murals and unique wooden ornaments, all of which has resulted in the creation of a welcoming hub of activity.

Milton Road Community Garden is one of Edinburgh College's two community

gardens. The primary aim of this garden is to provide easy access to fresh fruit and veg for students, University staff, and members of the neighbouring community. Further, it provides a welcoming space for learning about food sustainability and gaining new skills.

Gracemount Walled Garden is one of the three gardens of Edinburgh Transition South's "Grow Stronger" project. By growing food with members of the local communities, Grow Stronger aims to raise awareness about the benefits of eating local food. Above the shrubberies and the wall that enclose the garden, views of the Pentlands Hills give this place a beautiful atmosphere.

Granton Community Orchard Garden

is still in its infancy, but it has already made incredible progress in transforming an underused site into a buzzing orchard, with more than 120 trees of various ages, including cherry, pear, plum, apple, almond and hazelnut. The gardeners at the orchard envision the garden providing the local community with organic produce, as well as providing a social and educational environment.

Calders Green Shoots is one of various groups launched by the Wester Hailes Edible Estates project. Local residents built most of this garden, working together during community build workshops. The garden has about 40 starter growing beds, a shared tool shed and poly-tunnel.

Edible Gardening at the Botanics

teaches gardening skills to help people grow their own vegetables and fruit. The topics covered include vegetable varieties, sowing seeds, composting, pruning, harvesting, storing, and seasonal recipes.

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Fresh Start Food Station is a community garden set up by FreshStart, an organisation that supports people who have struggled with homelessness. This garden is a space where participants can learn to grow fruits and vegetables, and to cook delicious meals with the produce. The Food Station aims to allow the people it works with to regain a sense of wellbeing and to face the future with positivity.

Newhaven Heritage Community

Garden aims to bring together locals to take part in growing fresh vegetable, herbs and spring flowers. The garden welcomes children, who can enjoy its walkways and the changing plant life.

Friends of Starbank Park are a community action group working to restore Starbank Park. As well as a multitude of colourful flowers, fruiting trees, and breath-taking views on he Forth, this park hosts a Children's nature trail dedicated to the stories of Hans Christian Andersen.

Royal Edinburgh Community Garden is run by the Cyrenians in partnership with NHS Lothian. This community garden - located within the hospital grounds - is a dynamic food growing hub where people experiencing mental or physical health problems, disadvantage, isolation or poverty are always welcome to join in.

Craigie's Education and Environmental

Project promotes health, wellbeing, and environmental sustainability by providing volunteering opportunities for members of the local community, encouraging outdoor and healthy activities as well as social interaction and community involvement.

New Caledonian Woodlands is a charity and social enterprise with the two main focuses of encouraging environmental sustainability and supporting mental health. Participants make and sell a range of environmentally sustainable produce – including apple juice, jams and chutneys, wooden spoons, chopping boards, up-cycled furniture and seasoned wood fuel.

Redhall Walled Garden is run by the Scottish Association for Mental Health. It is a beautiful 18th Century Walled Garden which offers training in horticulture, conservation, maintenance skills, ITC/admin and life skills for people with mental health problems.

Bridgend Farmhouse is currently under renovation by Bridgend Inspiring Growth, a community-led and owned charitable organisation. Their aim is to develop the

Farmhouse into a Centre for Learning, Exercise and Eating, a community hub that would host a variety of activities and services enabling people to live healthier, happier lives and have better relationships with the world around them.

Read more about these amazing community gardens and find relevant links on our website.

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Twitter: @PoFFest #PoFF16