



**TOO MUCH**

**INFORMATION**

**I'M NOT NAUGHTY. I'M AUTISTIC.**

Sometimes sounds feel like my head is exploding. Clothes feel like my skin is burning.  
And when a tiny thing changes, it feels like my world is ending.

**SOMETIMES I GET TOO MUCH INFORMATION. AND IF YOU ONLY  
SEE A NAUGHTY KID, YOU HAVEN'T GOT ENOUGH.**

Understand autism, the person and what to do. Visit [www.autism.org.uk/TMI](http://www.autism.org.uk/TMI)

  
The National  
Autistic Society  
Scotland