# Special Museum offers today only!



Complete our Superhero Treasure Trail to receive 10% off in the Gift Shops

Get a free Dad's Dessert with every main meal purchased in the **Brasserie** 

Other nearby special discount deals with this leaflet:

Forbidden Planet, South Bridge 20% Mums Great Comfort Food, Forrest Road 10 % **Hula Juice Bar**, West bow, Grassmarket 10% Witchery Tours, www.witcherytours.com 2 for 1 on tours

# With special thanks to Dads Rock and all their friends















Plant 'n' Grow









Scottish













**AWESOME** 

BabyCalm calmer babies & happier parents









**Chambers Street** Edinburgh EH1 1JF





# With a mixture of activities for all the family, there's loads to get involved in today!

Visit our **Sign-Up Station** in the Grand Gallery to sign up for limited-place sessions and make sure you have all the information you need to get the most fun from your day.

# **Grand Gallery Level 1**

Activity leader	Time(s)	Age	Sign up?	Details
National Museum Superhero Trail	10:00 – 16:00	all	N	Can you find the museum super- heroes in this treasure trail?
Edinburgh Sketcher	11:00 14:00	8+	Y	Super speedy sketching workshop around the museum (45 mins)
Messy Munchkins	11:30 – 15:30	under 5s	N	Messy play for little ones (drop-in)
Step it up Dance	12:00 12:30 14:30	under 5s over 5s all	Y Y N	Hip Hop intro session (30 mins) Breakdance intro session (30 mins) Demonstration (10 mins)
Monkey Music	11:30 13:00 14:00 15:00	3 months to 5 yrs	Y	Sing, dance and make music! (30mins)
Super Hero Fancy Dress Parade	15:30	all	N	Calling all super heroes to come together to show off your costumes – prizes to be won!
Dads Rock Academy	15:40	all	N	End of day performance and sing- along

#### **Auditorium Level 1**

Activity leader	Time(s)	Age	Sign up?	Details
Talking Tots	12:30 13:30 14:30	1-2 yrs 2-4 yrs 2-4 yrs	Y Y Y	Fun with words and colour chaos!

# **Imagine Gallery Level 1**

Activity leader	Time(s)	Age	Sign up?	Details
Scottish Book Trust	11:30 12:30 13:30	0-5 yrs	N	Share stories and rhymes in an engaging Bookbug session
Happy Ears	13:00	0-5 yrs	N	Interactive musical mayhem

Children must be accompanied by an adult at all times

#### **Hawthornden Court Level 1**

Activity leader	Time(s)	Age	Sign up?	Details
CeilidhKids	13:30 14:30	3-7 yrs	Υ	Enjoy ceilidh dancing for families

# **Events Space Level 2**

Activity leader	Time(s)	Age	Sign up?	Details
Awesome Folk	11:00 – 15:30	2-12 yrs	N	Get creative together and make toys, badges and other special crafts to take home
Whale Arts	11:00 – 15:30	Over 5s	N	Badge and medal making fun
Raymond Keith Photography	11:30 – 15:30	all	N	Create some fun family photos with Raymond
Mandy Bailey Gardens	12:00 – 15:30	over 5s	N	Make your own mini terrarium indoor garden (rolling programme)
Pick Your Own Party	13:30	over 7s	Υ	Balloon shaping workshop (30 mins)

#### Learning Centre Level 4

Activity leader	Time(s)	Age	Sign up?	Details
Baby Matters (Seminar room)	11:30 12:30	12 mths+ 18 mths+	Y Y	Hello Baby! Introducing a baby to its sibling (30 mins) Don't let potty training drive you potty! (30 mins)
Baby Calm (Studio 2)	12:00 13:00 14:00	4 mths + 1-4 yrs 0-6 yrs	Y Y Y	Sleep patterns workshop (45 mins) Tantrums and behaviour workshop (45 mins) Picky eaters workshop (45 mins)
Lazy Daisy * (Studio 1)	13:00 14:00	6-20 wks 20 wks - mobile	Y	Tinies: baby yoga, social time and song to stimulate and engage (30mins) Wrigglers: yoga, social time, entertaining and calming active little ones (30 mins)

<sup>\*</sup>For reasons of well-being it is vital that both babies and mums have had their 6 week post-partum check to participate.

#### **Adventure Planet Level 5**

Activity leader	Time(s)	Age	Sign up?	Details
Happy Ears	12:00	0-5 yrs	Ν	Interactive musical mayhem

Watch out for songs from Happy Ears around the museum and roaming balloon tricks from Pick Your Own Party